

# In-person / Virtual Live Stream

## IBD Boston

SEPTEMBER 23-24, 2022

BOSTON PARK PLAZA HOTEL, BOSTON, MA

Each year, the Boston IBD conference brings top gastroenterologists from North America together with up-and-coming Boston area specialists for a 1.5 day CME/CNE program. This program is designed to stimulate conversations about how to initiate practice changes in the diagnosis and management of patients with Crohn's disease (CD) and ulcerative colitis (UC). Through keynote talks, panel discussions and breakout sessions, you will be challenged to develop innovative strategies to improve the quality of life for your patients while prolonging clinical remission.

### Education program is provided by:

- Boston University School of Medicine Continuing Medical Education

### In conjunction with:

- Boston Medical Center
- Beth Israel Deaconess Medical Center
- Brigham and Women's Hospital
- Boston Children's Hospital
- Lahey Hospital & Medical Center
- Massachusetts General Hospital
- Tufts Medical Center
- UMass Memorial Medical Center



**Boston University** School of Medicine  
Barry M. Manuel Continuing Medical Education Office

72 East Concord Street, B-208, Boston, MA 02118-2307  
[cme@bu.edu](mailto:cme@bu.edu) | [cme.bu.edu](http://cme.bu.edu) | 617.358.5005

## Keynote Speakers

### Jean-Frédéric Colombel, MD

Professor of Medicine  
Director of the Susan and Leonard Feinstein Inflammatory Bowel Disease Clinical Center and the Leona M. and Harry B. Helmsley Charitable Inflammatory Bowel Disease Research Center  
Icahn School of Medicine at Mount Sinai, New York, NY, USA

### Gilaad Kaplan, MD, MPH, FRCPC, AGAF, FCAHS

Professor of Medicine  
Division of Gastroenterology and Hepatology, Departments of Medicine and Community Health Sciences,  
O'Brien Institute for Public Health and Snyder Institute for Chronic Diseases,  
Cumming School of Medicine, University of Calgary

### Sandra Quezada, MD, MS, AGAF (She/Her)

Associate Dean for Admissions  
Associate Dean for Faculty Diversity and Inclusion  
Associate Professor of Medicine  
University of Maryland School of Medicine

## Course Directors

### Athos Bousvaros, MD, MPH

Professor of Pediatrics, Harvard Medical School  
Associate Director  
IBD Center Associate Chief, Division of Gastroenterology  
Boston Children's Hospital

### Sonia Friedman, MD, FACC

Professor of Medicine  
Harvard Medical School  
Associate Physician  
Brigham and Women's Hospital

### Sharmeel Wasan, MD, FACC

Associate Professor of Medicine  
Boston University School of Medicine  
Fellowship Program Director, Section of Gastroenterology  
Boston Medical Center

## Target Audience

This course is designed for the entire IBD healthcare team including gastroenterologists, pediatric gastroenterologists, colorectal surgeons, NP/PAs, nurses, pharmacists and other health care professionals caring for patients with CD and UC.

## Accreditation

Boston University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Boston University School of Medicine designates this live activity for a maximum of 11.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Boston University School of Medicine Continuing Nursing Education is accredited with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

## Learning Objectives

At the conclusion of this activity, participants will be able to:

- Discuss emerging agents for IBD in terms of therapeutic target, safety and efficacy data, and place in therapy.
- Critically assess targets of mucosal healing used in treat-to-target strategies and the evidence that exists to support the use of these strategies in IBD patients.
- Differentiate the benefits and risks of biologic treatments in patients with IBD.
- Recognize the value and role of therapeutic drug monitoring.
- Explore the complex interplay of IBD and fertility concerns, pregnancy, and sexual function in women's health.
- Promote and advocate for the patient's role and voice in IBD shared decision-making to drive a more patient-oriented treatment approach.
- Review the role of diagnostic imaging and endoscopic biopsy in the diagnosis and monitoring of CD and UC.
- Identify the most current approaches to the management of postoperative recurrence in CD.
- Describe the medical and surgical approaches in patients with severe UC and pouchitis.
- Identify issues specific to LGBTQ patients with IBD.

Register at:  
**[cme.bu.edu/IBDBoston22](http://cme.bu.edu/IBDBoston22)**



## Agenda - Friday September 23

12:00pm | Registration/ Lunch for in person attendees

12:45pm | Welcome and Introduction including remembrance of Joel Weinstock, MD

12:50pm

**Keynote: Environmental Factors: Their Role in IBD Disease Pathogenesis. Can We Prevent IBD?**

Gilaad Kaplan, MD, MPH, FRCPC, AGAF, FCAHS

1:35pm

**Contemporary Management of Acute Severe Colitis**

Ashwin Ananthakrishnan, MD, MPH

2:00pm

**Radiology and IBD** | Martin P. Smith, MD

2:25pm

**Panel: Medical and Surgical Management of Complex Crohns Disease**

Moderator: Adam Cheifetz, MD

Panelists: Sarah N. Flier, MD

Gilaad Kaplan, MD, MPH, FRCPC, AGAF, FCAHS

Jason Hall, MD, MPH, Matthew Shields, MD

3:25pm | Break

3:45pm

**Management of Short Bowel Syndrome**

Christopher P. Duggan, MD, MPH

4:10pm

**Panel: Sexual Function and Fertility**

Moderator: Sonia Friedman, MD, FACG

Panelists: Janis Heidi Fox, MD, Martin N. Kathrins, MD, Angela

Kuhnen, MD, FACS, FASCRS, Meghan Z. Markowski, PT, DPT

4:55pm

**Fireside Chat: How to Advocate for Your Patients with Insurance Companies**

Athos Bousvaros, MD, MPH, Jo Stewart, RPh, MS, CSP

5:30pm | Adjourn

## Agenda - Saturday September 24

7:30am | Registration/Breakfast for in person attendees

8:00am | Introduction

8:05am

**Keynote: What Management of IBD Will Look Like 15 Years in The Future** | Jean-Frédéric Colombel, MD

8:50am

**Pathology and IBD** | Jeffrey Goldsmith, MD

9:15am

**CBT Behavioral Therapy** | Sarah Ballou, PhD

9:40am

**Panel: Positioning of the Biologics**

Moderator: Matthew Hamilton, MD

Panelists: Jean-Frédéric Colombel, MD, Laurie Grossberg, MD,

Paul A. Rufo, MD, MMSc

10:25am | Break

10:45am

**Panel: Colon Dysplasia**

Moderator: Bharati Kochar, MD, MS

Panelists: Thomas E Cataldo, MD FACS, FASCRS, D. Punyanganie

de Silva, MBBS, MPH, MRCP(UK), Kristen Farwell, MD

11:30am

**Liver Disease in IBD** | Kathleen Viveiros, MD

11:55am

**Very Early Onset IBD: Diagnosis and Treatment**

Jodie Ouahed, MDCM, MMSc, FRCPC, FAAP

12:20pm | Break/ Lunch for in person attendees

1:20pm

**Keynote: Social Determinants of Health in Patients with IBD** | Sandra Quezada, MD, MS, AGAF

2:05pm | Transition to breakouts

2:10pm | **Difficult Case Breakouts**

Jess Kaplan, MD, Hamed Khalili, MD, Alexander N. Levy, MD

Loren Rabinowitz, MD, Sharmeel Wasan, MD, FACG

Rachel W. Winter, MD, MPH

3:10pm | Break

3:40pm

**LGBTQ and IBD** | Victor Chedid, MD, MS

4:05pm

**How Genetics and Biomarkers Can Predict Response**

Sean Fine, MD, MS

4:30pm

**Panel Medical and Surgical Management of Complex UC**

Moderator: Rachel W. Winter, MD, MPH

Panelists: Jess Kaplan, MD, David A. Kleiman, MD, MSc, FACS,

FASCRS, L. Campbell Levy, MD

5:15pm | Adjourn

## Hotel & Reservations

**Boston Park Plaza Hotel**

50 Park Plaza at Arlington Street

Boston, MA 02116

617.426.2000

<https://www.bostonparkplaza.com/>

Renowned as one of the best hotels in Boston, MA, this property offers an incomparable location and an elevated level of service. The Boston Common hotel provides a selection of rooms and suites, all refurbished and redesigned, with a wealth of amenities and dining options. Boston Park Plaza is superbly located amid shopping, transportation, restaurants and historic destinations that inspire discovery.

A block of rooms has been reserved at the Boston Park Plaza with an arrival date of Thursday, September 22nd and a departure date of Sunday September 25, 2022.. All guest rooms are run-of-house and guestroom types cannot be guaranteed.

Room rates start at \$269 (single or double occupancy) + plus applicable taxes (currently 16.45%).

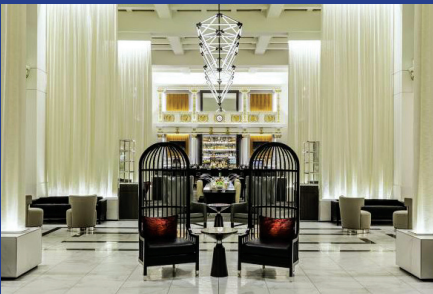
The room block will be open until 5:00PM local time on September 1st or until it sells out, whichever happens first. After this date, reservations will be accepted on a space and rate available basis.

Individual reservations can be called in to 617-379-7129 and reference the group name IBD Boston 2022.

**Online reservations can be made here:**

<https://book.passkey.com/e/50344845>

By staying at the conference venue, you help the host organizations meet their contractual obligations. Please take this into consideration when making your accommodation decision. Thank you!



## Register for In-Person or Virtual!

Use code “MAIL” to save 25% when you register online.

**Registration Fees**

MD/DO: \$199

Allied Healthcare (RN, PA, NP): \$149

Fellows/Resident/Student: \$100

BUSM Alumni: \$160

*Please note the per person costs are the same for both in-person or virtual attendance.*

To pay by check, please create an account and email us at [cme@bu.edu](mailto:cme@bu.edu) or call 617-358-5005 and we will assist you.

**How to Register Online**

- 1) Go to the [cme.bu.edu/IBDBoston22](https://cme.bu.edu/IBDBoston22) website.
- 2) **Login or create** your user account.
- 3) **Follow the instructions** to register and pay by credit card. An email confirmation will be sent to you.
- 4) **To pay by check**, please create an account and email us at [cme@bu.edu](mailto:cme@bu.edu) or call 617-358-5005 and we will assist you.

**Questions?**

Please contact our office at 617.358.5005 or [cme@bu.edu](mailto:cme@bu.edu)

**Cancellation Policy**

Substitutions may be made at any time without an additional charge. Refunds, less an \$50 administrative fee, will be issued for all cancellations received two weeks prior to the start of the meeting. Should cancellation occur within the two-week window, a credit will be issued, not a refund. Credits will be honored for up to two years. “No shows” are subject to the full course fee. Cancellations/substitution(s) must be made in writing. Refunds or credits will not be issued once the conference has started. This course is subject to change or cancellation. You may switch your in-person/virtual attendance by 9/20/22.

**Special Services / Dietary Needs**

Boston University strives to be accessible, inclusive and diverse in our facilities, programming and academic offerings. Your experience in this event is important to us. Please visit the [cme.bu.edu/IBDBoston22](https://cme.bu.edu/IBDBoston22) website for more details.

**Supported by exhibits from:**

- Abbvie
- Janssen Immunology

**Supported by educational grants from:**

- Pfizer, Inc.
- Takeda Pharmaceuticals U.S.A., Inc.

*Updated support can be found on the conference website.*

[cme.bu.edu/IBDBoston22](https://cme.bu.edu/IBDBoston22)