

2023 Controversies in Internal Medicine



Monday, May 8, 2023

7:30AM – 8:00AM

Registration and Breakfast

8:00AM - 8:45AM

Driving Too Fast for Hyponatremia?

Steve Borkan, MD

8:45AM - 9:30AM

Working the Bugs Out - an Update on the Microbiome

Rob Lowe, MD

9:30AM - 10:15AM

**Recognizing Residual Risk- How to Optimize the
Cardiometabolic Disease Patient**

Eugenia Gianos, MD

10:15AM - 10:30AM

Break

10:30AM - 11:15AM

“Pandemic of the Apes”: The MPox Outbreak

Gopal Yadavalli, MD

11:15AM - 12:30PM

**Workshop A: Irritable Bowel Syndrome – A Case-Based
Stroll Through the New Guidelines**

Rob Lowe, MD

**Workshop B: Challenging Cardiometabolic Risk Patient
Cases: Applying the Principles**

Eugenia Gianos, MD

**Workshop C: Inhibiting RAAS: Which One(s) for My
Patient?**

Steve Borkan, MD



Tuesday, May 9, 2023

7:30AM – 8:00AM

Breakfast

8:00AM - 8:45AM

Acute kidney injury: a diagnostic dilemma
Steve Borkan, MD

8:45AM - 9:30AM

**Lifestyle, Medical and Surgical Weight Loss Approaches
- Choosing the Right Tools in the Toolbox**
Eugenia Gianos, MD

9:30AM - 10:15AM

**Celiac Disease and Gluten sensitivity – Separating the
Wheat from the Chaff**
Rob Lowe, MD

10:15AM - 10:30AM

Break

10:30AM - 11:15AM

**Spilling the ‘T’: Testosterone Therapy in Cis- and Trans-
gender Men**
Sonia Ananthakrishnan, MD

11:15AM - 12:30PM

**Workshop D: Irritable Bowel Syndrome – A Case-Based
Stroll Through the New Guidelines**
Rob Lowe, MD

**Workshop E: Cardiometabolic Risk Patient Cases:
Applying the Principles**
Eugenia Gianos, MD

Workshop F: Tricky Thyroid Cases
Sonia Ananthakrishnan, MD



Wednesday, May 10, 2023

7:30AM – 8:00AM

Breakfast

8:00AM - 8:45AM

Rise of the Resistance: The Challenge of Resistant Bacteria

Gopal Yadavalli, MD

8:45AM - 9:30AM

As Seen on TikTok: GLP1 therapy for Diabetes and Weight Loss

Sonia Ananthakrishnan, MD

9:30AM - 10:15AM

Maximum Medical Therapy vs PCI or Surgery?

Varinder Singh, MD

10:15AM - 10:30AM

Break

10:30AM - 11:15AM

Updates in Internal Medicine I

David Battinelli, MD

11:15AM - 12:30PM

Workshop G: Case Based Approach to CAD and Medical Therapy

Varinder Singh, MD

Workshop H: Tricky Thyroid Cases

Sonia Ananthakrishnan, MD

Workshop I: Approach to Abnormal Liver Enzymes

Rob Lowe, MD



Thursday, May 11, 2023

7:30AM – 8:00AM

Breakfast

8:00AM - 8:45AM

Glycemic Control: Matching Drugs with Patients

Steve Borkan, MD and Sonia Ananthakrishnan, MD

8:45AM - 9:30AM

**Glycemic Control: Matching Drugs with Patients
Continued**

Steve Borkan, MD and Sonia Ananthakrishnan, MD

9:30AM - 10:15AM

**“A New Hope”: Novel Antimicrobial Agents and Their
Uses**

Gopal Yadavalli, MD

10:15AM - 10:30AM

Break

10:30AM - 11:15AM

Updates in Internal Medicine II

David Battinelli, MD

11:15AM - 12:30PM

**Workshop J: Case Based Approach to CAD and Medical
Therapy**

Varinder Singh, MD

**Workshop K: I’ve got a BONE to pick with you:
Challenging Osteoporosis Cases**

Sonia Ananthakrishnan, MD

Workshop L: Approach to Abnormal Liver Enzymes

Rob Lowe, MD



Friday, May 12, 2023

7:30AM – 8:00AM

Breakfast

8:00AM - 8:45AM

Euvolemia and the Golden Fluid

Steve Borkan, MD

8:45AM - 9:30AM

Burning Questions about GERD Management

Rob Lowe, MD

9:30AM - 10:15AM

Updates in Internal Medicine III

David Battinelli, MD

10:15AM - 10:30AM

Break

10:30AM - 11:15AM

**Advances in Interventional Cardiology from PCI
Through Atrial Clips**

Varinder Singh, MD

11:15AM - 12:00PM

COVID: Update for 2023

Gopal Yadavalli, MD

Subject to change without notice.



Chobanian & Avedisian School of Medicine

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