

# 2023 Controversies in Internal Medicine



Monday, May 8, 2023

7:30AM – 8:00AM

Registration and Breakfast

8:00AM - 8:45AM

**Driving Too Fast for Hyponatremia?**

*Steve Borkan, MD*

8:45AM - 9:30AM

**Working the Bugs Out - an Update on the Microbiome**

*Rob Lowe, MD*

9:30AM - 10:15AM

**Recognizing Residual Risk- How to Optimize the  
Cardiometabolic Disease Patient**

*Eugenia Gianos, MD*

10:15AM - 10:30AM

Break

10:30AM - 11:15AM

**“Pandemic of the Apes”: The MPox Outbreak**

*Gopal Yadavalli, MD*

11:15AM - 12:30PM

**Workshop A: Irritable Bowel Syndrome – A Case-Based  
Stroll Through the New Guidelines**

*Rob Lowe, MD*

**Workshop B: Challenging Cardiometabolic Risk Patient  
Cases: Applying the Principles**

*Eugenia Gianos, MD*

**Workshop C: Inhibiting RAAS: Which One(s) for My  
Patient?**

*Steve Borkan, MD*



Tuesday, May 9, 2023

7:30AM – 8:00AM

Breakfast

8:00AM - 8:45AM

**Acute kidney injury: a diagnostic dilemma**  
*Steve Borkan, MD*

8:45AM - 9:30AM

**Lifestyle, Medical and Surgical Weight Loss Approaches  
- Choosing the Right Tools in the Toolbox**  
*Eugenia Gianos, MD*

9:30AM - 10:15AM

**Celiac Disease and Gluten sensitivity – Separating the  
Wheat from the Chaff**  
*Rob Lowe, MD*

10:15AM - 10:30AM

Break

10:30AM - 11:15AM

**Spilling the ‘T’: Testosterone Therapy in Cis- and Trans-  
gender Men**  
*Sonia Ananthakrishnan, MD*

11:15AM - 12:30PM

**Workshop D: Irritable Bowel Syndrome – A Case-Based  
Stroll Through the New Guidelines**  
*Rob Lowe, MD*

**Workshop E: Cardiometabolic Risk Patient Cases:  
Applying the Principles**  
*Eugenia Gianos, MD*

**Workshop F: Tricky Thyroid Cases**  
*Sonia Ananthakrishnan, MD*





Wednesday, May 10, 2023

7:30AM – 8:00AM

Breakfast

8:00AM - 8:45AM

**Rise of the Resistance: The Challenge of Resistant Bacteria**

*Gopal Yadavalli, MD*

8:45AM - 9:30AM

**As Seen on TikTok: GLP1 therapy for Diabetes and Weight Loss**

*Sonia Ananthakrishnan, MD*

9:30AM - 10:15AM

**Maximum Medical Therapy vs PCI or Surgery?**

*Varinder Singh, MD*

10:15AM - 10:30AM

Break

10:30AM - 11:15AM

**MD: "Medical Doctor" or "Mule Driver?" The Story of Dr. Rebecca Lee Crumpler, the 1<sup>st</sup> Black Female Physician in the US and Her Relevance to Today**

*Melody McCloud, MD*

11:15AM - 12:30PM

**Workshop G: Case Based Approach to CAD and Medical Therapy**

*Varinder Singh, MD*

**Workshop H: Tricky Thyroid Cases**

*Sonia Ananthakrishnan, MD*

**Workshop I: Approach to Abnormal Liver Enzymes**

*Rob Lowe, MD*



## Thursday, May 11, 2023

7:30AM – 8:00AM

Breakfast

8:00AM - 8:45AM

**Glycemic Control: Matching Drugs with Patients**

*Steve Borkan, MD and Sonia Ananthakrishnan, MD*

8:45AM - 9:30AM

**Glycemic Control: Matching Drugs with Patients  
Continued**

*Steve Borkan, MD and Sonia Ananthakrishnan, MD*

9:30AM - 10:15AM

**“A New Hope”: Novel Antimicrobial Agents and Their  
Uses**

*Gopal Yadavalli, MD*

10:15AM - 10:30AM

Break

10:30AM - 11:15AM

**Updates in Internal Medicine I**

*David Battinelli, MD*

11:15AM - 12:30PM

**Workshop J: Case Based Approach to CAD and Medical  
Therapy**

*Varinder Singh, MD*

**Workshop K: I’ve got a BONE to pick with you:  
Challenging Osteoporosis Cases**

*Sonia Ananthakrishnan, MD*

**Workshop L: Approach to Abnormal Liver Enzymes**

*Rob Lowe, MD*





Friday, May 12, 2023

7:30AM – 8:00AM

Breakfast

8:00AM - 8:45AM

**Euvolemia and the Golden Fluid**

*Steve Borkan, MD*

8:45AM - 9:30AM

**Burning Questions about GERD Management**

*Rob Lowe, MD*

9:30AM - 10:15AM

**Updates in Internal Medicine II**

*David Battinelli, MD*

10:15AM - 10:30AM

Break

10:30AM - 11:15AM

**Advances in Interventional Cardiology from PCI  
Through Atrial Clips**

*Varinder Singh, MD*

11:15AM - 12:00PM

**COVID: Update for 2023**

*Gopal Yadavalli, MD*

*Subject to change without notice.*



**Boston University** Chobanian & Avedisian School of Medicine  
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