A microscopic image showing various cells, likely cancer cells, with prominent nuclei and some cytoplasmic details. The image is rendered in shades of blue and purple, with a gradient from dark on the left to light on the right.

# Overcoming Barriers to Effective Treatment and Enrollment in Clinical Trials for Black and Underserved Patients with Multiple Myeloma

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# Learning Objectives

1. Discuss health inequities and racial disparities in multiple myeloma.
2. Describe racially unique adverse drug events associated with treatment for Black patients with multiple myeloma.
3. Discuss multiple myeloma treatment risks with Black patients to support shared decision-making regarding treatment and manage expectations.
4. Develop strategies to mitigate the multiple barriers to clinical trial enrollment and appropriate clinical care in Black and underserved patients with multiple myeloma.
5. Identify appropriate use of BCMA-targeted therapies for all patient populations with multiple myeloma.



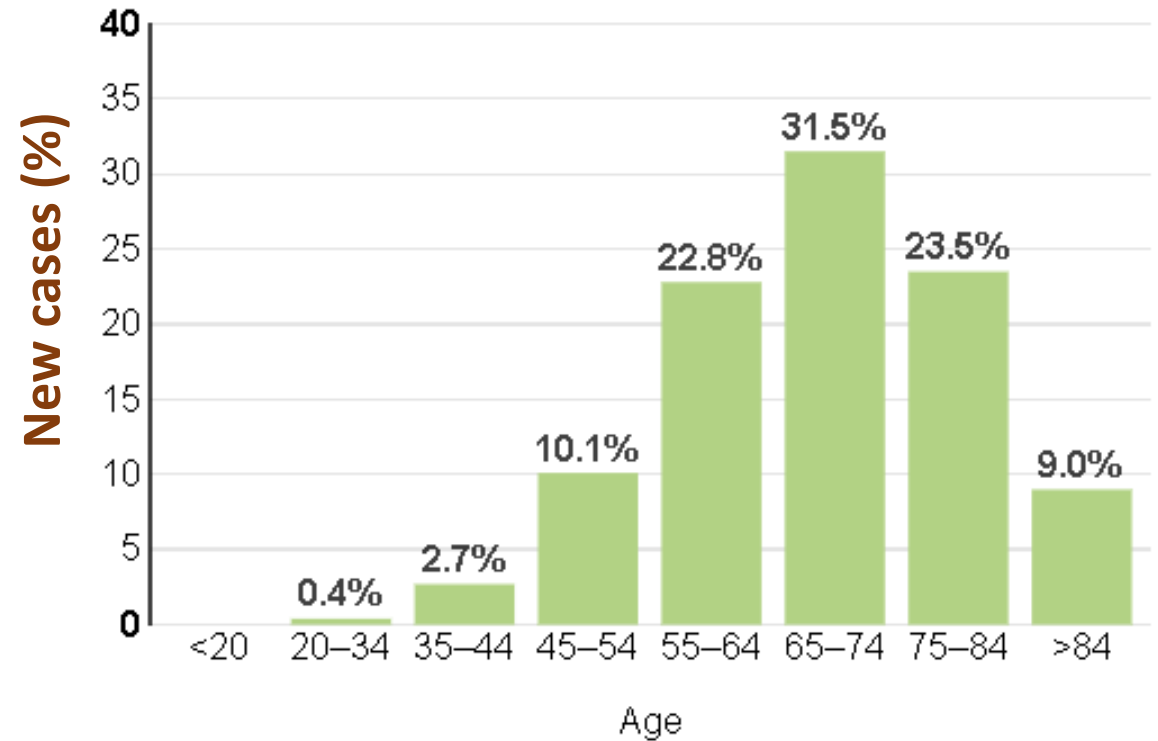
**Multiple Myeloma  
and  
Racial Disparities**



# Multiple Myeloma

- Multiple myeloma is a plasma-cell malignancy occurring in more than 34,000 people in US annually
- It is responsible for more than 12,600 deaths each year in US alone
- Median age at diagnosis is 69 years, with most patients presenting between the ages of 65 and 74

**Percent of new cases by age group**



# General Presentation/Identification of MM

## Common Characteristics

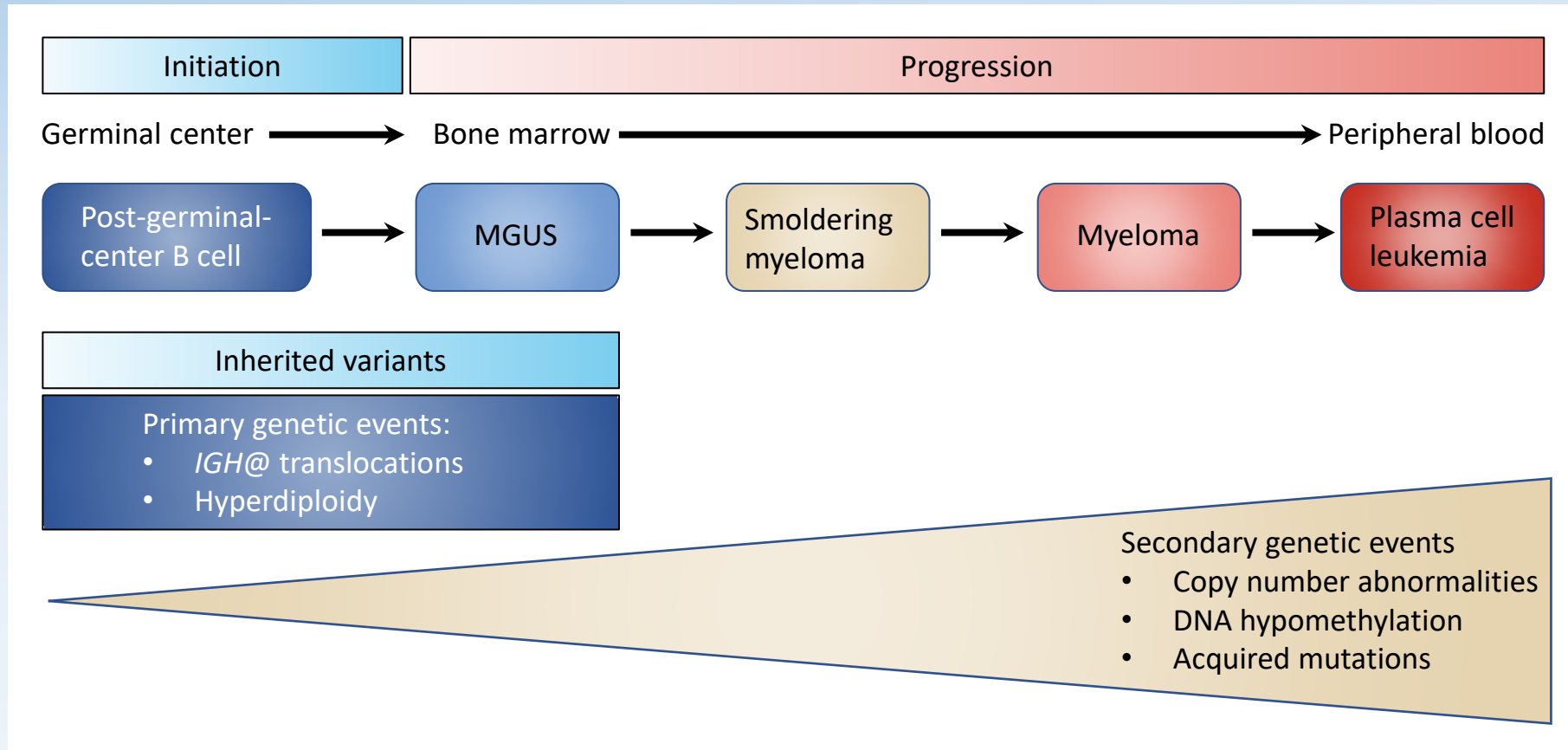
- Bone pain (often affecting the back)
- Malaise
- Anemia
- Renal insufficiency
- Hypercalcemia
- Bone disease
- Bone marrow infiltration

## Differential Diagnosis

- MGUS
- Smoldering (asymptomatic) and symptomatic MM
- Amyloidosis
- B-cell non-Hodgkin lymphoma
- Waldenstrom macroglobulinemia
- Rare plasma cell leukemia and heavy chain diseases

**Incidental discovery on comprehensive laboratory panels is common!**

# Multiple Myeloma is a Multi-step Progressive Disease



# Myeloma Evolution Over the Clinical Course

Short-term

Maximal response

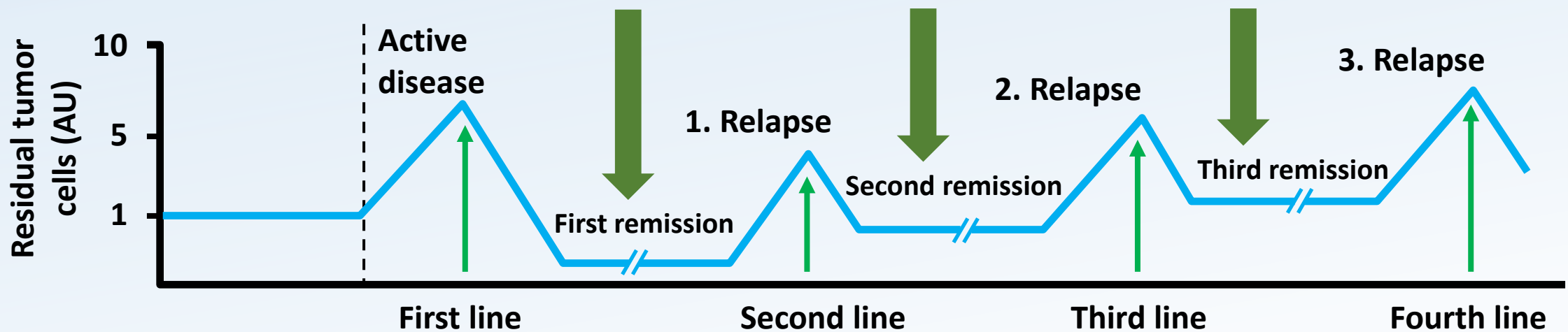
Throughout...

- Limited toxicity
- Maintained QoL

Long-term

Prolonged PFS and OS

Maintain and deepen response with long-term efficacy and QoL



QoL = quality of life; PFS = progression-free survival; OS = overall survival; AU = absorbance unit.





# Disparities in Multiple Myeloma

- *Incidence and Death Rates*
- *Age and Cytogenetic Differences*
- *Clinical Presentation*
- *Access to Care*
- *Treatment Patterns and Outcomes*
- *Adverse Drug Events*
- *Costs*

# Audience Polling Question

Compared to white patients with multiple myeloma, which of the following is associated with non-white race, as evidenced from clinical data and observations in practice?

1. Lower MM incidence rate; similar MM death rate
2. Lower rates of use of novel agents, but similar use of combination therapy
3. Similar overall and progression-free survival
4. Higher rates of several adverse drug reactions

# Incidence and Death Rates of MM by Ethnicity

## Incidence rates, 2015-2019

By race and ethnicity, for myeloma

### Non-Hispanic Black



### American Indian and Alaskan Native



### Hispanic



### Non-Hispanic white



### Asian and Pacific Islander



## Death rates, 2016-2020

By race and ethnicity, for myeloma

### Non-Hispanic Black



### American Indian and Alaskan Native



### Hispanic



### Non-Hispanic white

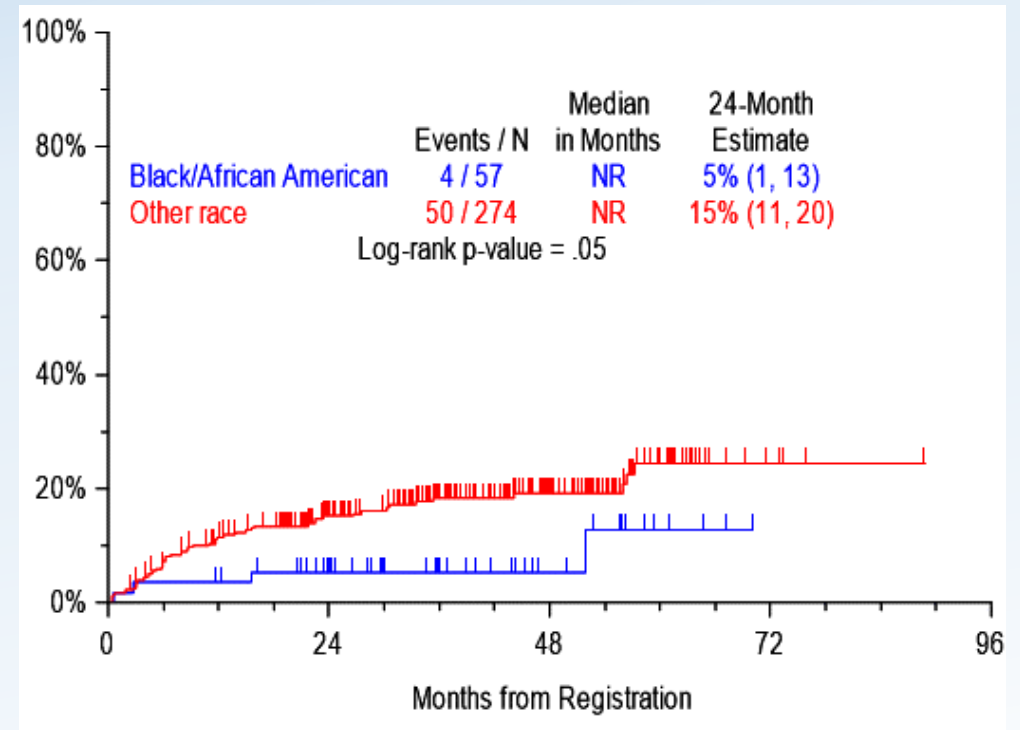


### Asian and Pacific Islander



# Racial Disparities in MGUS

- MGUS is detected **twice as frequently in men** compared with women and **3 times more often in patients of African descent**.
- MGUS in Black patients is associated with lower M-protein levels, higher rate of abnormal FLC ratio, younger mean age distribution, and lower IgM gammopathy prevalence.
- Although the prevalence of MGUS is higher in Black patients, the rate of progression to MM is the same.



## SWOG S0120\*: Race-dependent Differences in Risk of Transformation to Clinical MM

\*SWOG S0120 was a US cooperative group prospective, observational clinical trial.

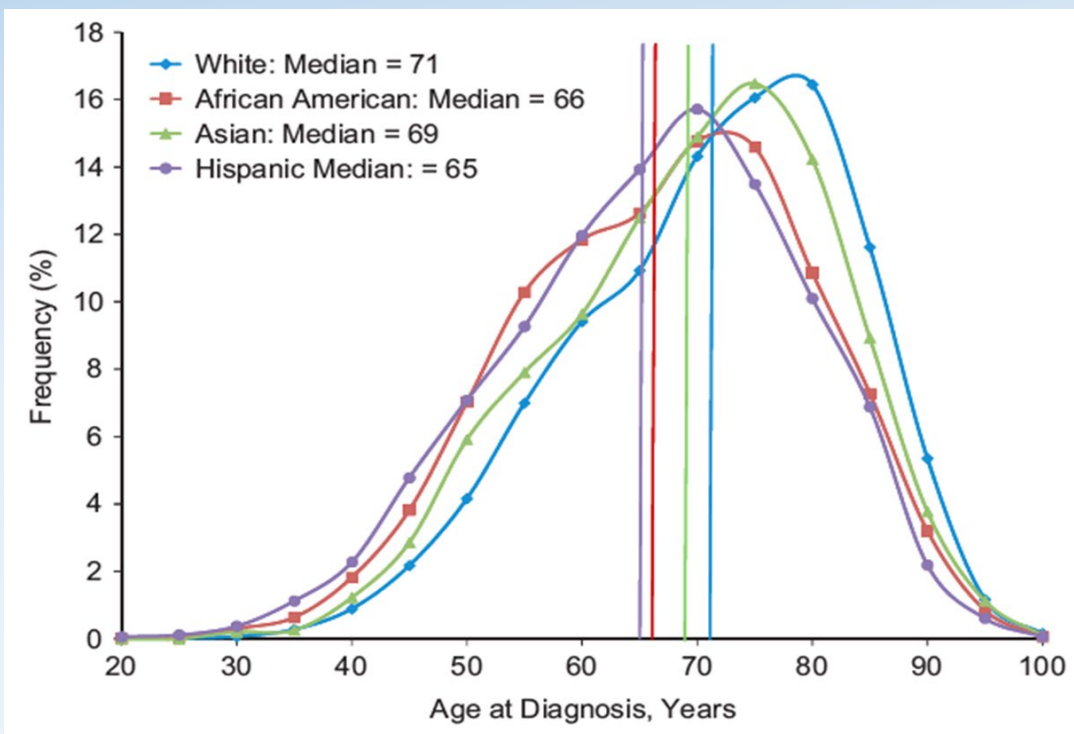
FLC = free light chains

Slide courtesy: Madhav Dhodapkar. Dhodapkar et al. *Clin Can Res.* 2020;26:5814-9. Cohen H, et al. *Am J Med.* 1998;104(5):439-44. Reproduced with permission from CLINICAL CANCER RESEARCH-via Copyright Clearance Center.

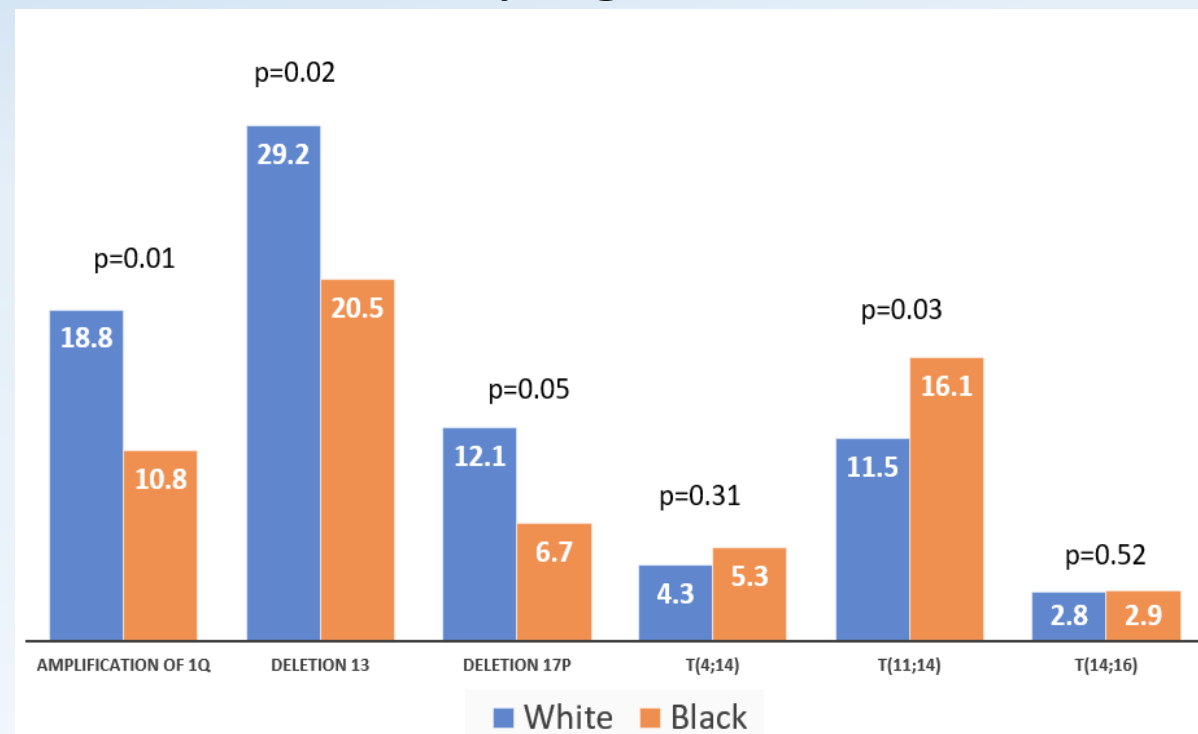


# MM Racial Disparities in Blacks

## Age

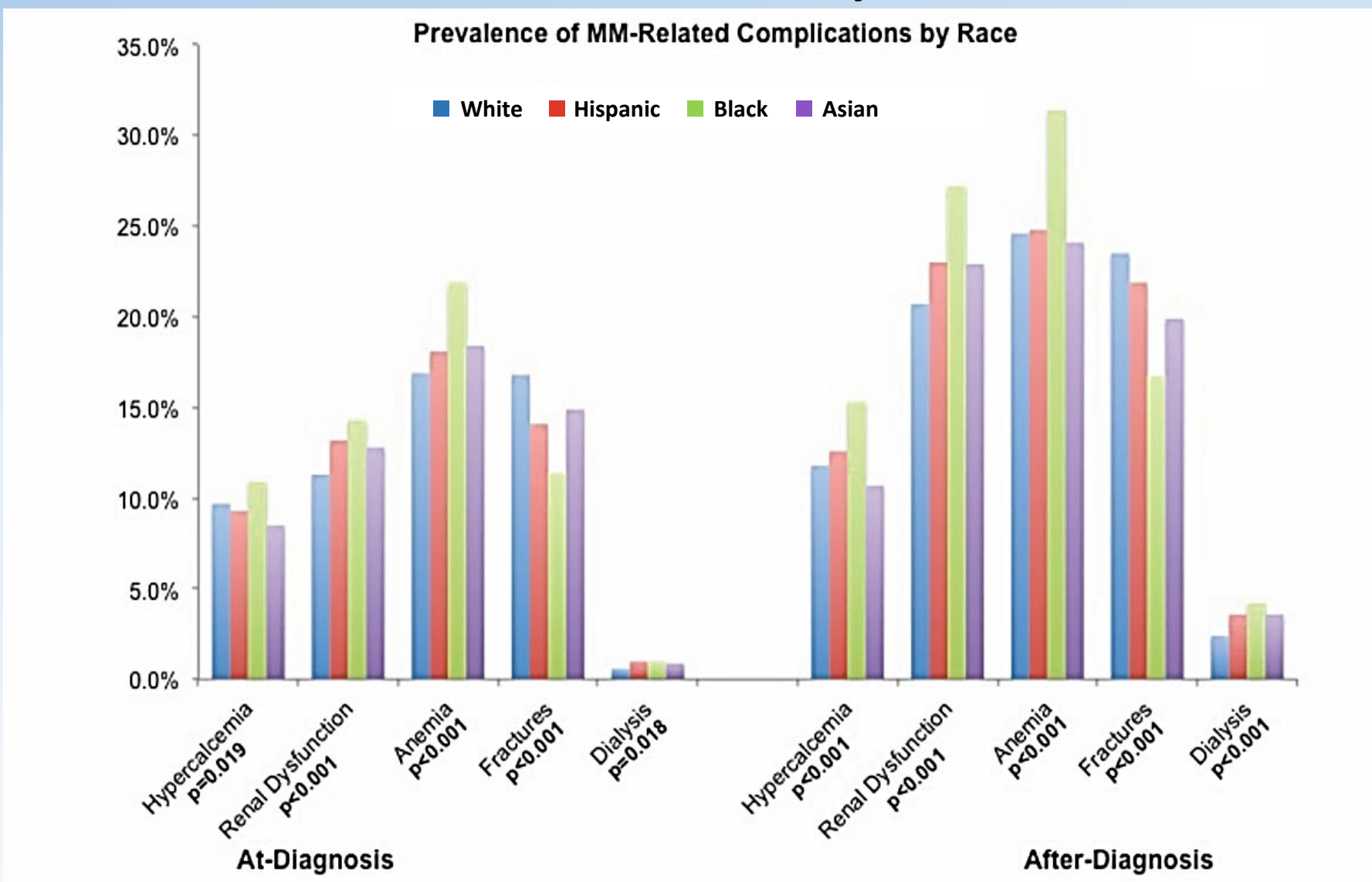


## Cytogenetics



Percentage of Cytogenic Abnormalities By Race  
(n=1000 patients treated at Emory University, 35% AA)

# Clinical Presentation by Race in MM





# Access To Treatment

# Racial Disparities in Treatment and Access to Care

- Treatment with novel agents and use of ASCT has become standard of care for newly diagnosed MM<sup>1</sup>
  - However, racial/ethnic minorities receive these at a lower rate than whites<sup>1,2,3</sup>
- Patients of African descent: fewer transplants; more blood product transfusions; fewer palliative care consults; less inpatient chemotherapy; higher intensive care utilization<sup>4</sup>
- Patients of African descent with MM have the potential to experience similar or better survival than white pts<sup>5,6</sup>
- Patients of African descent have similar response rates/survival to white pts when enrolled in clinical trials<sup>7,8</sup>

ASCT, autologous stem cell transplant; SMM, smoldering multiple myeloma.

1: Fiala MA, et al. *Clin Lymphoma Myeloma Leuk*. 2020;20(10):647-651.

2: ASH 2021, Abstract 4118. <https://www.myeloma.org/blog/studies-disparities-myeloma-presented-ash>

3: ASH 2021, Abstract 566. <https://www.myeloma.org/blog/studies-disparities-myeloma-presented-ash>

4: Al Hadidi S, et al. *Leuk Lymphoma*. 2021;62(13):3256-63.

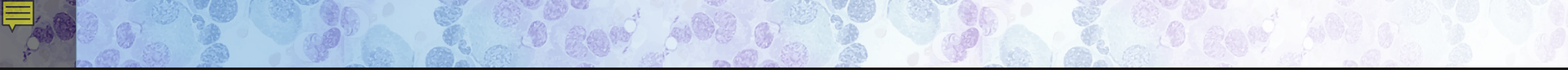
5: Marinac CR, et al. *Blood Cancer J* 2020;10(2):19.

6: Joseph N, et al. *JCO*. 2020;38(17):1928-37.

7: Ailawadhi S, et al. *Blood Cancer J* 2018;8(7):67.

8: Ailawadhi S, et al. *Blood Adv* 2019;3(20):2986-2994.

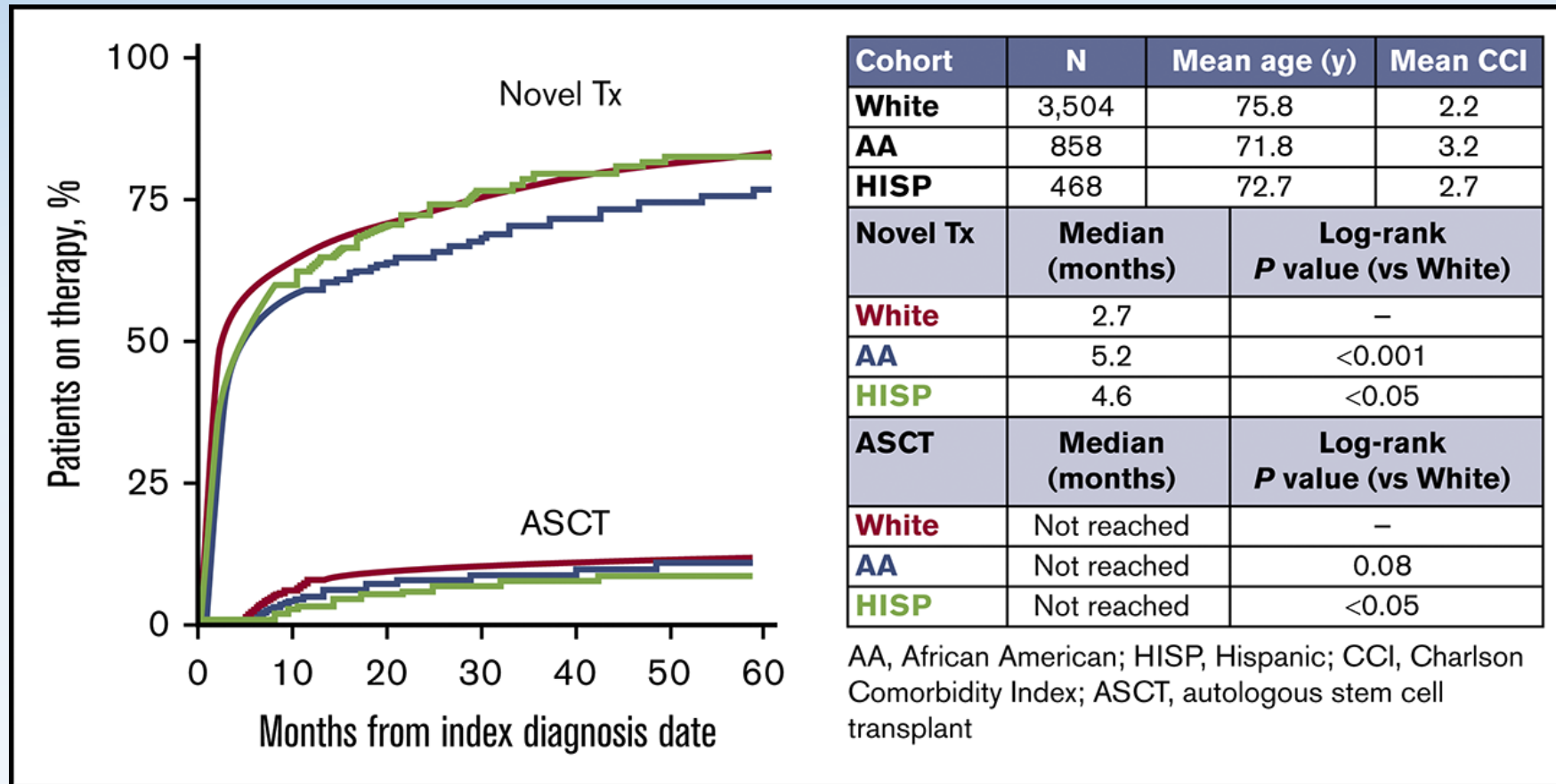




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# Patient Vignette – Delayed Diagnosis

# Racial Disparity in Treatment Patterns: SEER-Medicare Analysis



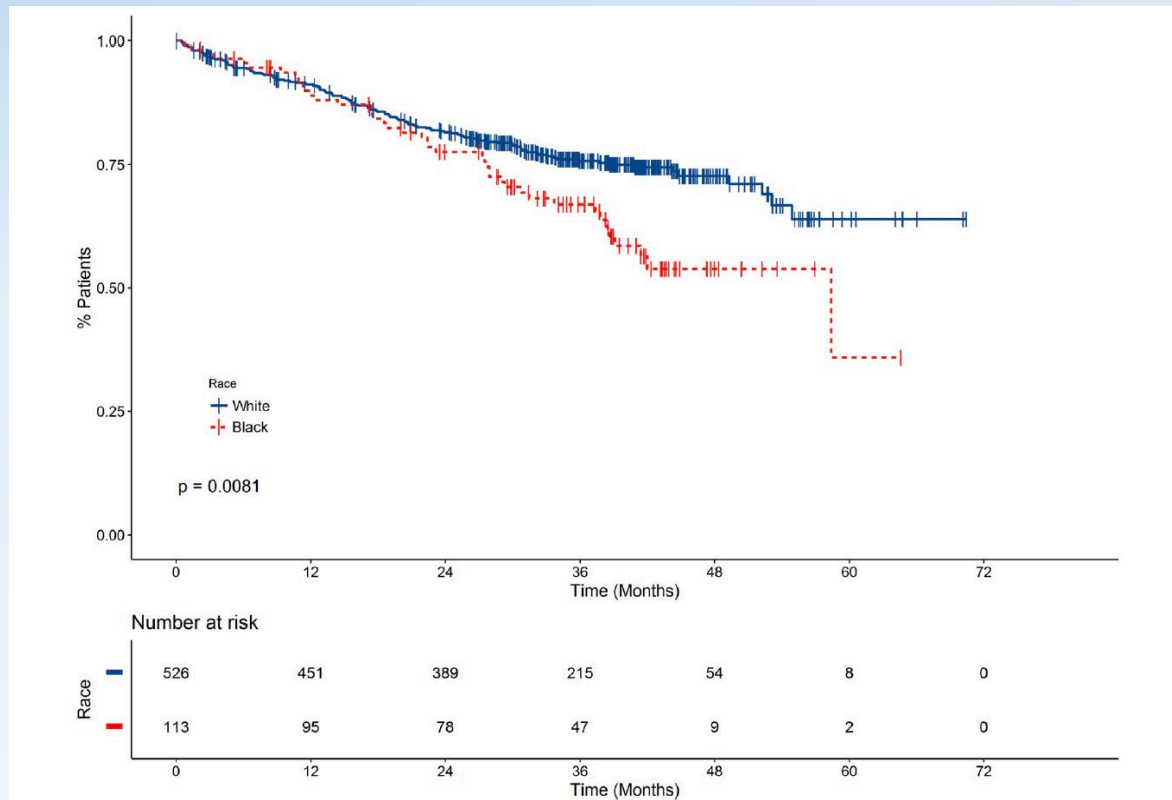
# Racial Differences in Treatment and Outcomes in MM: The CoMMpass Trial Data

## Characteristics of MMRF Patients

	White ( <i>n</i> = 526)	Black ( <i>n</i> = 113)	<i>P</i> -value
Age, median ( <i>range</i> )	65 (38-89)	63 (34-87)	0.2
Male gender	319 (61%)	69 (61%)	0.9
<i>Induction therapy</i>			0.001
Any triplet	384 (73%)	62 (55%)	<0.001
PI+IMiD triplet	240 (46%)	40 (35%)	0.05
Alkylator-based triplet	144 (27%)	22 (20%)	0.1
Doublet	118 (22%)	46 (41%)	<0.001
Other	24 (5%)	5 (4%)	1
Best response to induction therapy, <i>n</i>	512	109	0.2
<VGPR	290 (57%)	69 (63%)	
≥VGPR	222 (43%)	40 (37%)	
Received triplet + ASCT	231 (44%)	37 (33%)	0.04
Received first line ASCT	260 (49%)	44 (39%)	0.04
+Post-ASCT maintenance	157 (60%)	26 (59%)	0.9

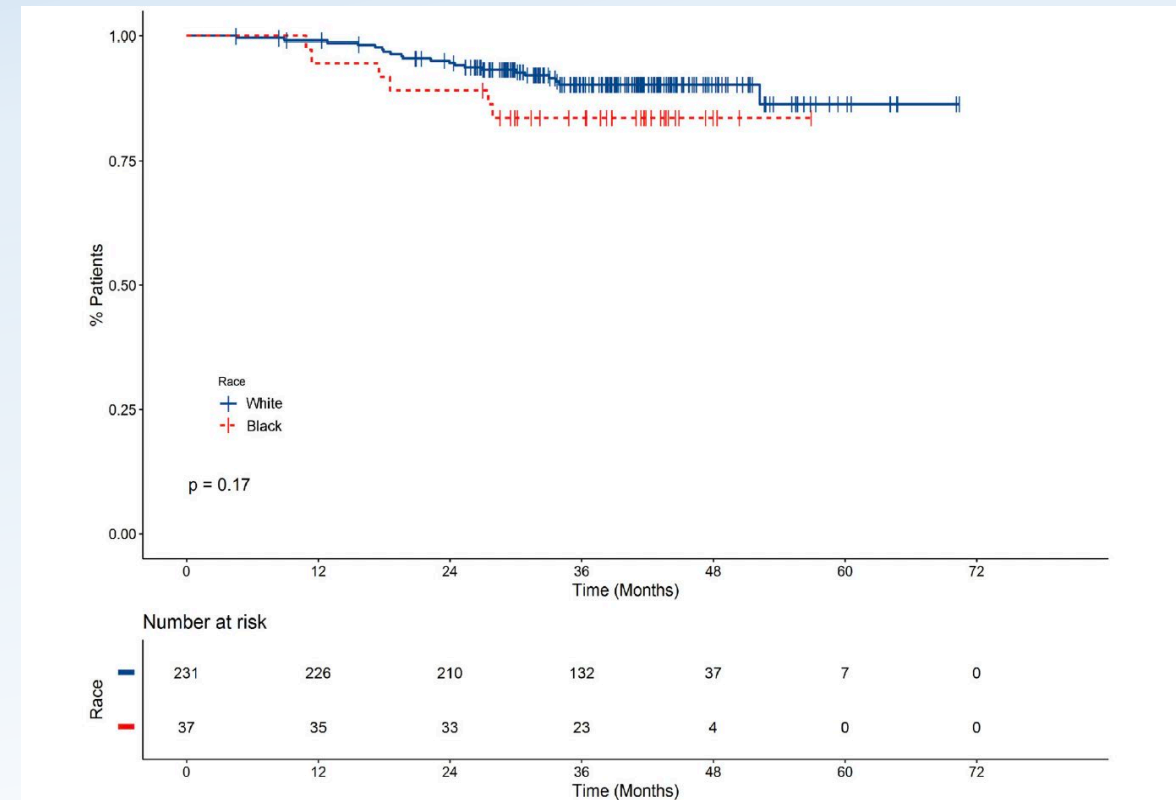
# Racial Differences in Treatment and Outcomes in MM: The CoMMpass Trial Data

## OS by Race



**Fig. 1 Overall survival stratified By race.** Overall survival was shorter for Blacks compared with Whites, with an age-adjusted hazard ratio of 1.7 (95% confidence interval 1.2–2.4,  $p = 0.003$ ).

## OS by Race For Those Receiving Triplet Therapy



**Fig. 2 Overall survival of patients receiving triplet therapy and autologous transplant stratified by race.** The difference in OS between races was partly attenuated in patients receiving triplet therapy and autologous stem cell transplant.





# Adverse Drug Events

# Skin Hyperpigmentation in Black Patients Receiving Treatment with Immunomodulatory Drugs



Myeloma disproportionately affects Black patients...



20% vs 13.4%  
(myeloma vs general population)

... who experience unique adverse events at rates higher than reported...



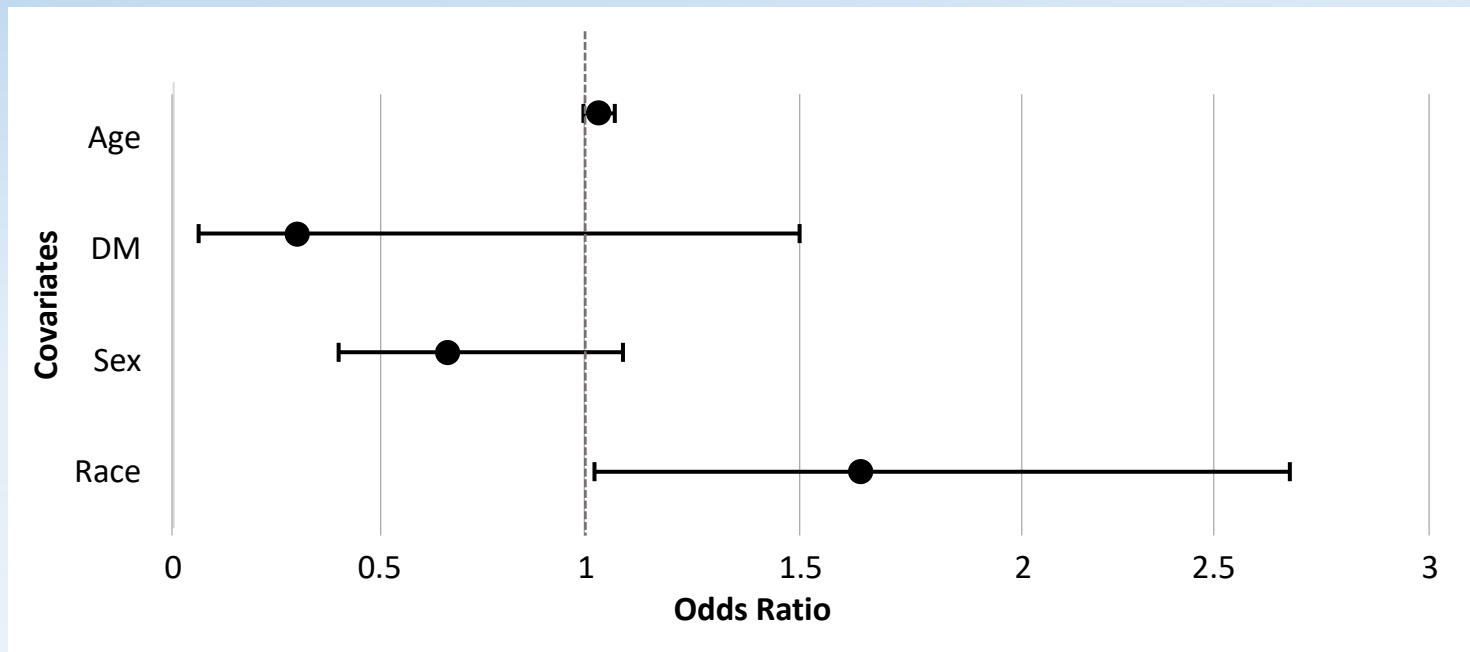
41% vs 0.066%  
(skin darkening, study vs pooled analysis)

... in large part due to underrepresentation in clinical trials.



20% vs 6.9%  
(myeloma vs clinical trials)

# Black Patients: Risk Factor for Peripheral Neuropathy w/ Bortezomib Induction in Newly Diagnosed MM

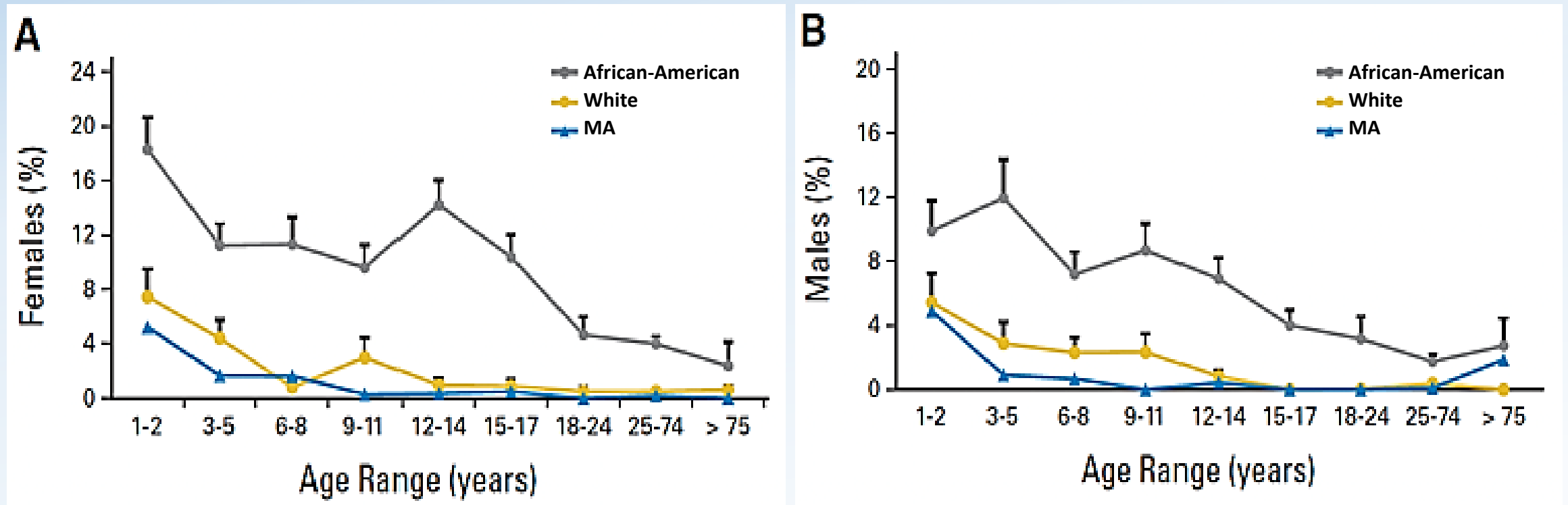


**Impact of age, pre-existing DM diagnosis, sex and race on risk of BIPN using multivariate logistic regression model.**

Odds ratios (ORs) and 95% confidence intervals for risk of BIPN (bortezomib-induced peripheral neuropathy with age, pre-existing DM diagnosis, sex and race using multivariate logistic regression model are shown. ORs for AA patients were compared to non-AA patients; patients with pre-existing DM diagnosis were compared to those without; male were compared to female patients. A significant increased risk of BIPN was observed in AA patients. In contrast, no statistically significant risk for BIPN was observed with other covariates.

# Neutrophil Count in African-Americans

Percent of Female and Male Participants with Neutrophil Count  $<1.5 \times 10^9$  cells/L in NHANES 1999-2004





# Racial Disparity in Cost of Care: Healthcare Resource Utilization

Black patients have more MM complications and need more focused care:

- Baseline neutropenia
- Higher utilization of healthcare resources
- Delays in diagnosis
- More blood transfusions/anemia

ASH 2022 Study - higher financial toxicity for:

- African Americans
- No college education
- Lower SES
- Private insurance
- Oral/no treatment (vs IV)

# MM Racial Disparities in Blacks

- Difference in biology
  - Diagnosed 5 years younger
  - More likely to have standard risk cytogenetics and less likely to have high risk cytogenetic feature (del17)
  - 10% of Blacks over age of 40 have MGUS
- Racial/socioeconomic status
  - Higher financial toxicity, food and housing insecurities and lack of trust in health care system
  - Black patients withhold information such as side-effects to white providers
  - Most are more comfortable sharing with Black staff to whom they relate
- Access to Innovative treatment
  - Less likely to get triplet therapy, transplants, access to innovative clinical trials and CAR T-cell therapies

# Audience Polling Question

Compared to white patients with multiple myeloma, which of the following is associated with non-white race, as evidenced from clinical data and observations in practice?

1. Lower MM incidence rate; similar MM death rate
2. Lower rates of use of novel agents, but similar use of combination therapy
3. Similar overall and progression-free survival
4. Higher rates of several adverse drug reactions

A decorative header image showing a microscopic view of cells, likely from a bone marrow biopsy, with various cell types and nuclei visible in shades of blue and purple.

# Overcoming Healthcare Disparities in Multiple Myeloma and Improving Access to Care

# What Affects Access to Treatment in MM?

## Patient Factors:

- Age
- Comorbidities
- Gender
- Year/Period of Diagnosis

## Socioeconomic Factors:

- Race/Ethnicity
- Health Insurance
- Geographical Location
- Socioeconomic Status
- Access to Healthcare

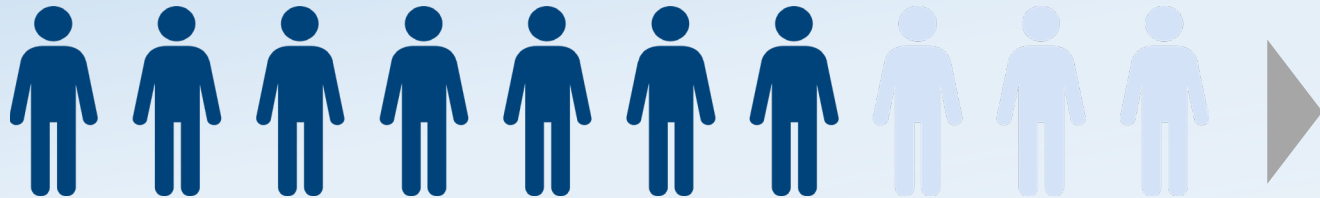
## Disease Factors:

- Disease Stage
- Prognostic Risk Category
- Presence of Kidney Dysfunction
- Presence of Bone Disease
- Associated Amyloidosis
- Disease Subtype

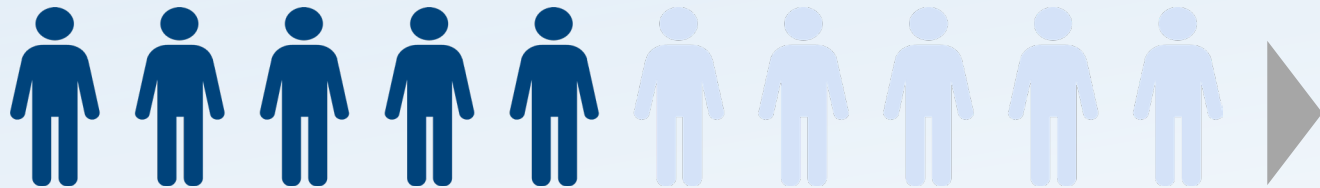


# Boston Medical Center (BMC)

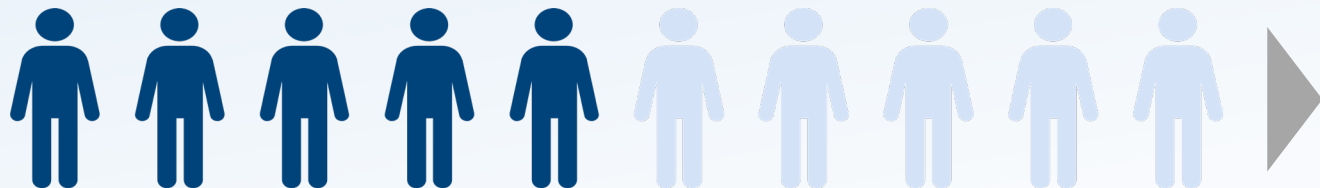
*Our Patient Population is Racially, Culturally, and Linguistically Diverse:  
Promotion of Health Equity is Imperative*



**~70%** of our hospital patients identify as **people of color**



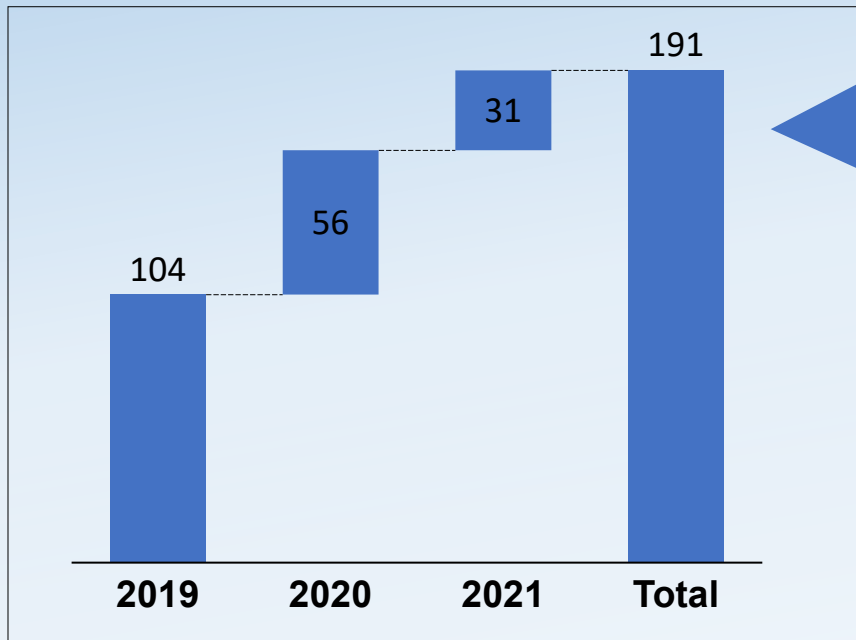
**~50%** of our hospital patients live at or **below the federal poverty level**



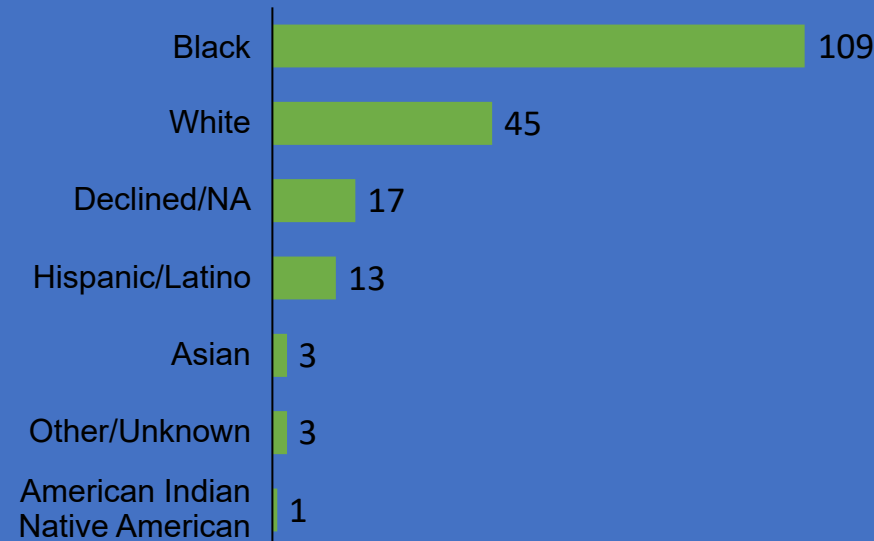
**~50%** of our Health Plan members have a **mental health and/or substance use disorder**

# Among 191 MM Patients Seen at BMC Since 2019, >66% Are From Ethnic Minority Groups; >50% are Black

**Unique Multiple Myeloma Patients Seen Across BMC**  
2019/1/1-2021/8/31, n=191



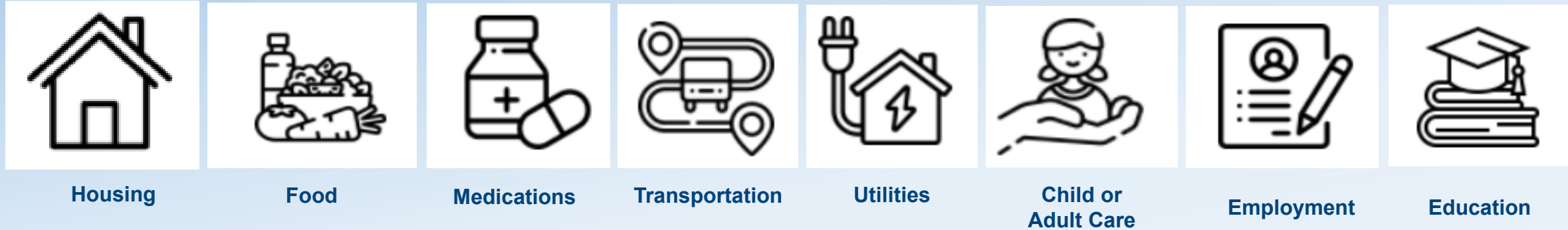
**BMC Multiple Myeloma Patients by Race**  
2019/1/1-2021/8/31, n=191<sup>1</sup>



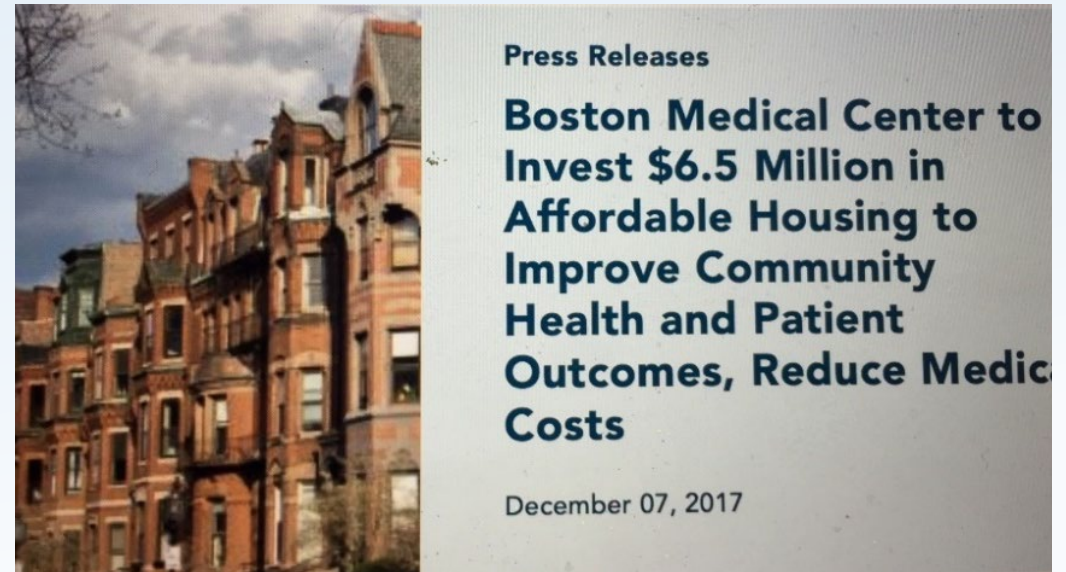
**Multiple Myeloma Patients Seen at Hematology Department by Year**  
2019/1/1-2021/8/31, n=191

Year	Established Patients	New Patients	Total
2019	27	12	39
2020	18	18	36
2021	9	8	17

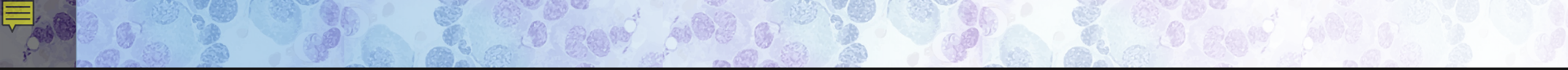
# Screening/Intervention for Social Determinants of Health in MM



BMC Rooftop Farm



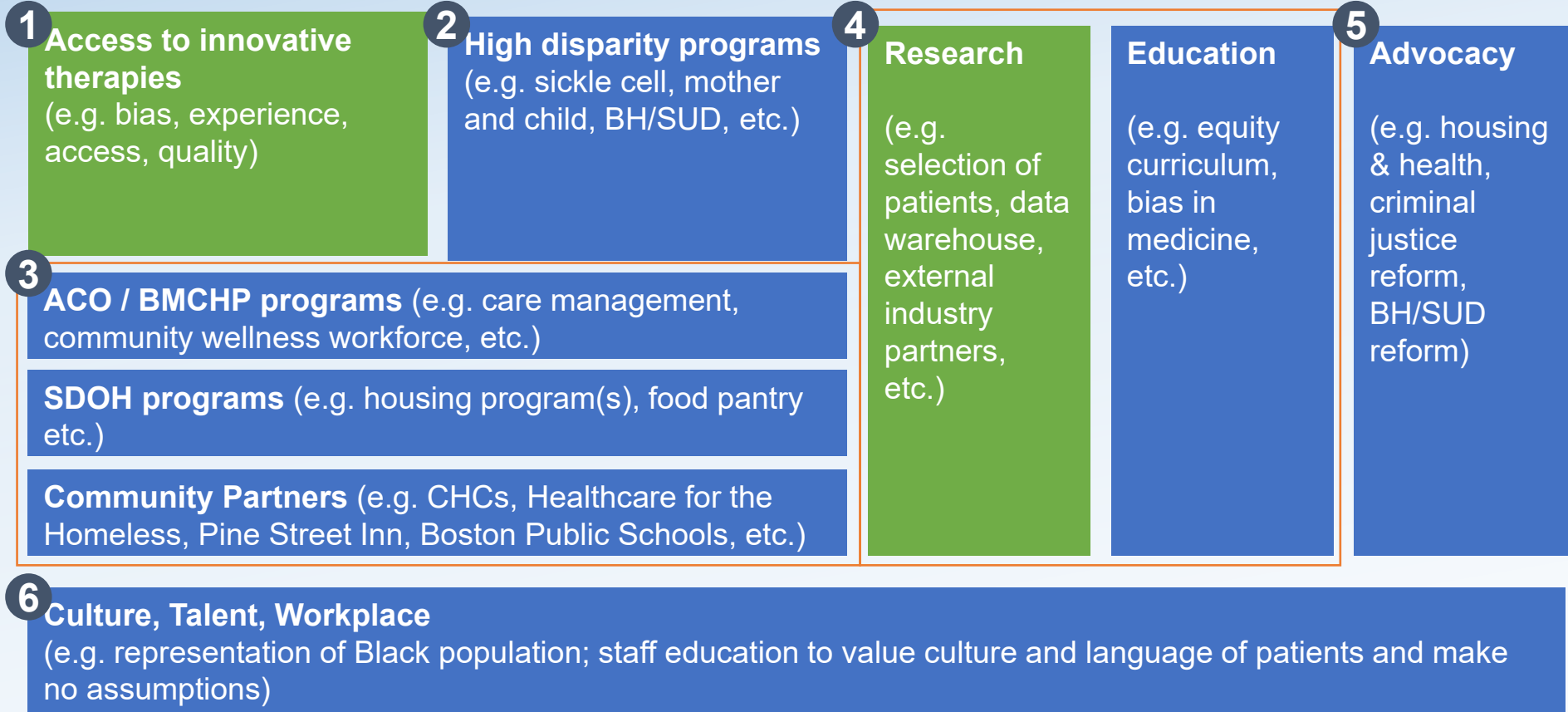




# Patient Vignette – Support Groups

# Case Example: Boston Medical Center's Mission of Improving Health Equity

## Acting to improve Health Equity





# How Can Pharmaceutical Companies Help Overcome Barriers to Health Care Access

- Prioritize access to innovative clinical trials with top racial inclusivity ranked institutions for research
- Develop patient support programs around social determinants of health for MM
- Work with providers on innovative population health projects to improve education, access to early diagnostics and timely connection in care with specialists for patients in underserved communities

## TOP 50 HOSPITALS, RACIAL INCLUSIVITY

RANK ▼	HOSPITAL
1	Metropolitan Hospital Center New York, NY
2	Boston Medical Center Corporation Boston, MA
3	St. Charles Madras Madras, OR
4	Newark Beth Israel Medical Center Newark, NJ
5	Little Colorado Medical Center Winslow, AZ



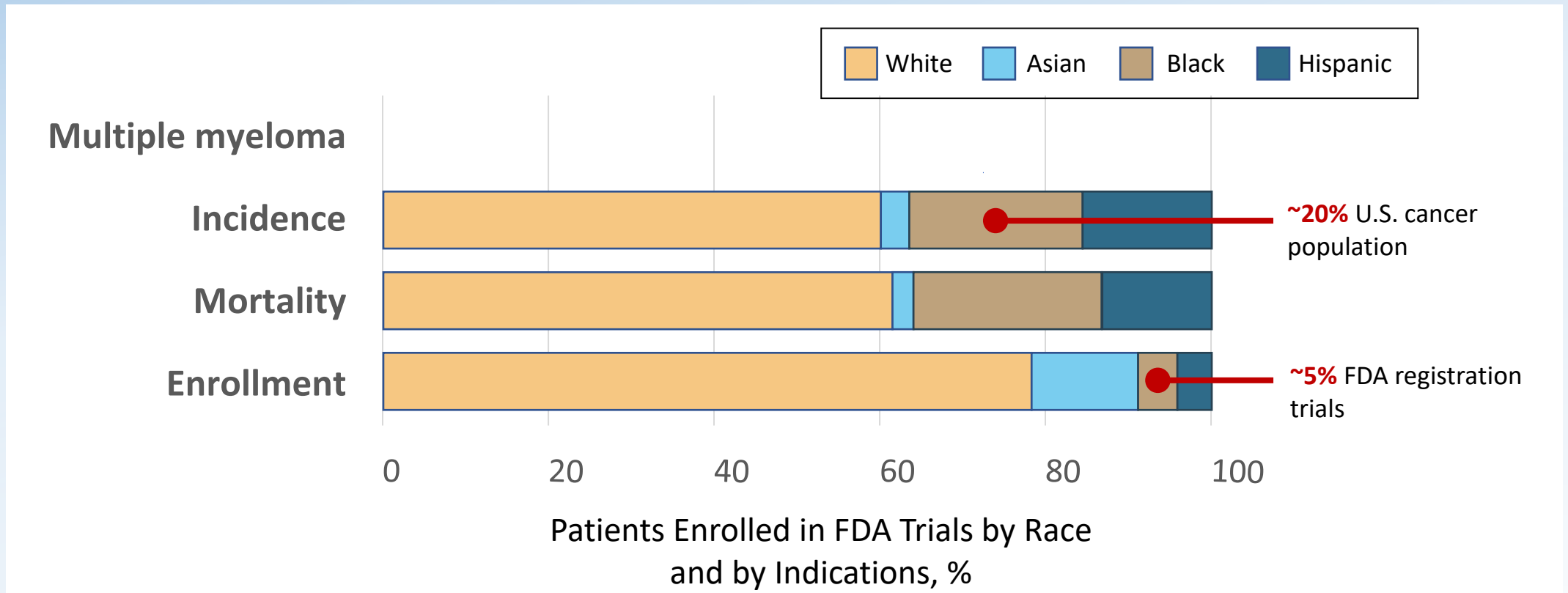
# Underrepresentation of Black Patients with MM in Clinical Trials

# Audience Polling Question

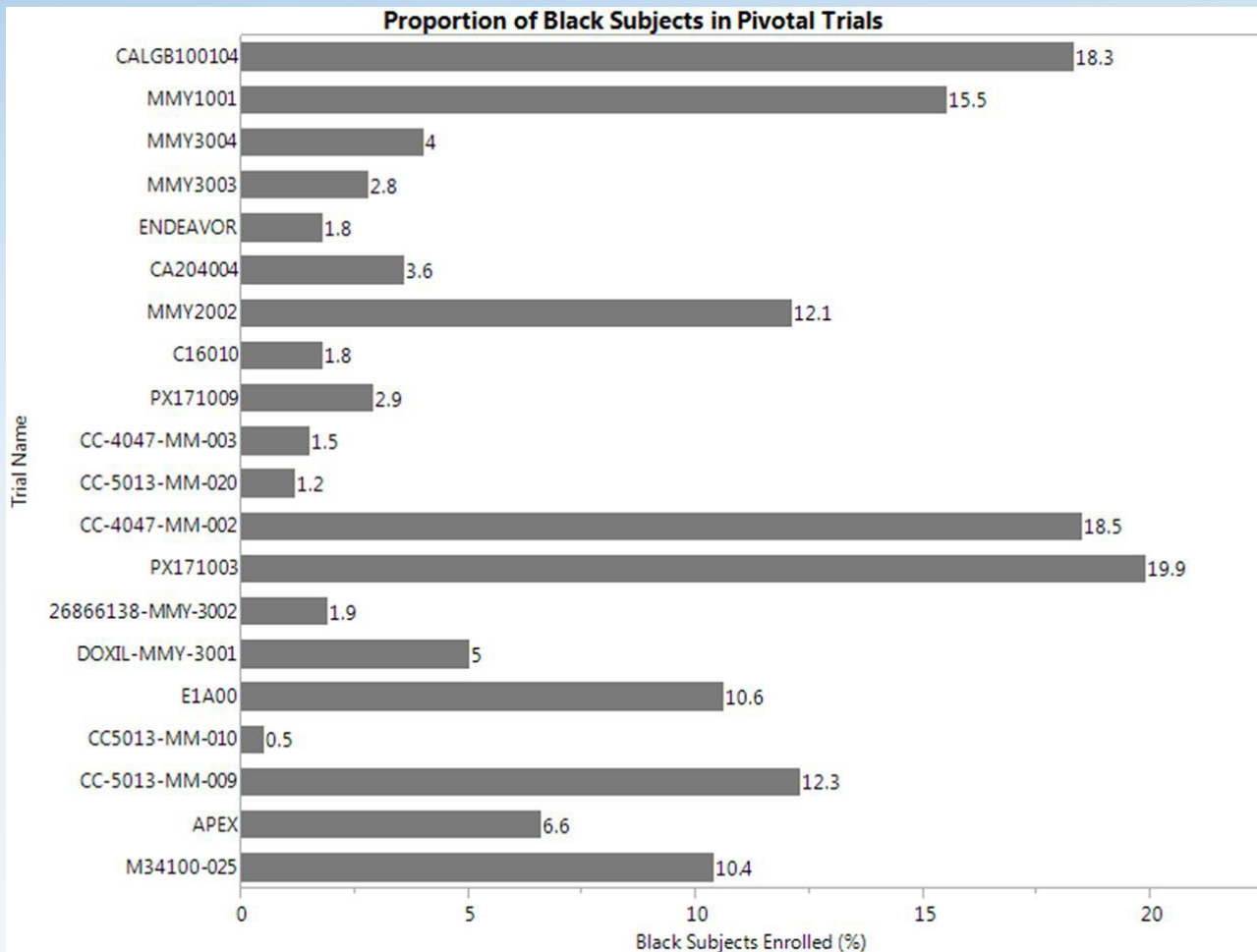
Which of the following statements is true?

1. Blacks represent around 20% of the population enrolled in MM clinical trials
2. Blacks represent 20% of the MM population, but only 5% of clinical trial enrollment
3. Enrollment of Blacks in drug trials submitted to the FDA is generally representative of the population affected by MM

# Realities of Clinical Trial Enrollment



# FDA Analysis of Racial Demographics in MM Trials

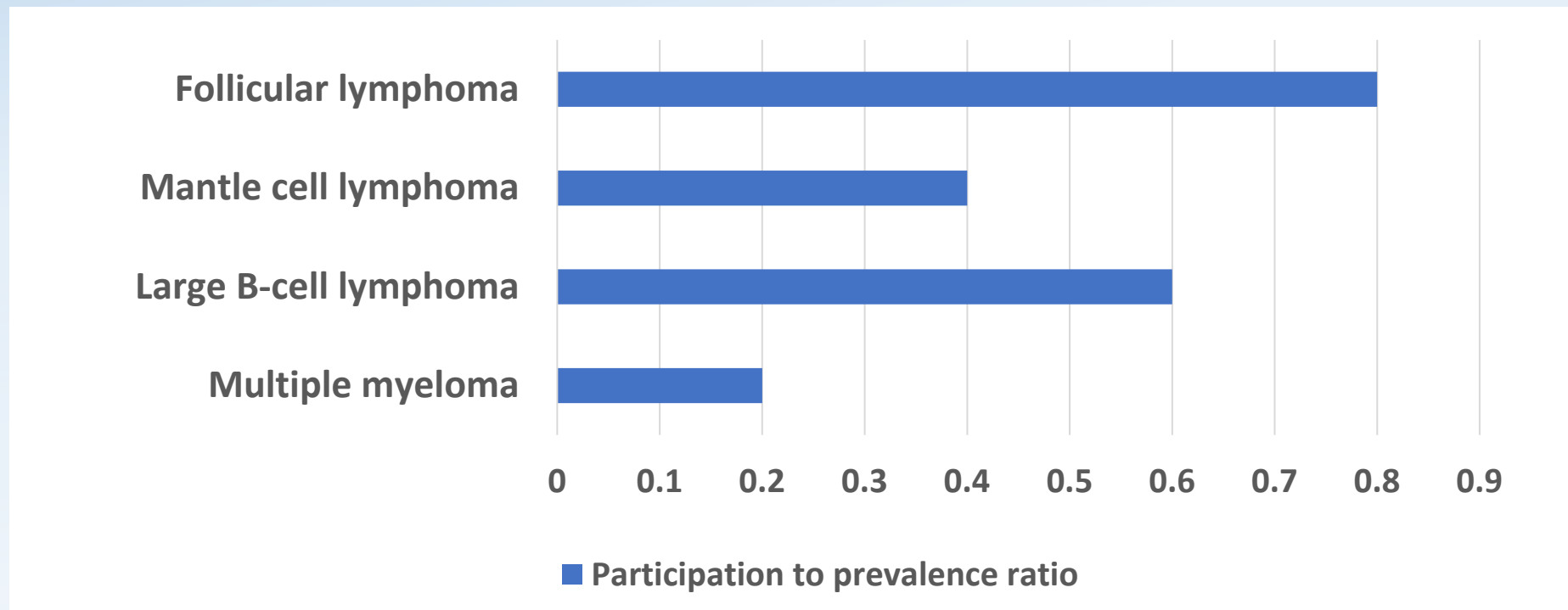


- The median percentage of Blacks enrolled in pivotal MM clinical trials was 4.5% while Black patients represent 20% of the MM population
- Enrollment of Black subjects in pivotal trials submitted for U.S. regulatory approval is not representative of the population affected by MM
- UK Study: Ethnic distribution across 5 RCTs over 18 yrs:
  - White: 93.8%
  - Black: 2.2%
  - Asian 1.8%
  - Other/unknown: 2.2%



# Enrollment of Blacks in Pivotal Clinical Trials of CAR–T Therapy for Hematological Malignant Neoplasms

Participation to Prevalence Ratio of Blacks Enrolled in Clinical Trials of CAR-T Cell Therapy in Various Hematological Malignant Neoplasms



# FDA Analysis of Racial Demographics in MM Trials

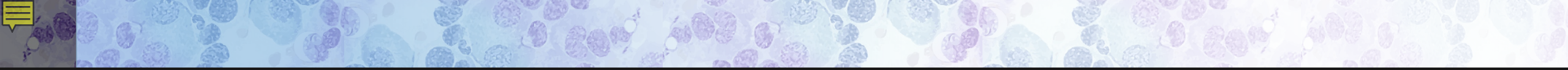
**2014 SEER data: Blacks represent 20% of MM population.  
In MM trials, the median % of Blacks was only 4.5%.**



***Enrollment of Black subjects in trials is not representative of the population affected by MM!***

Benefits of increasing enrollment of Black subjects:

- Improved access to novel therapies for underserved
- Trials would be more representative of the US population
- Further understanding of MM disease biology in Black patients
- Identify molecular subtypes that could be targeted by established or novel drugs
- Identification of potential race-associated side effects



**Patient Vignette –  
Clinical Trial Participation**

# Barriers to Clinical Trial Enrollment

- Trial Issues:
  - Eligibility criteria
  - Site selection
  - Geographic access
  - Clinicians not asking patients
- Social/Cultural Issues:
  - Social support
  - Cultural sensitivities
  - Uncertainty about risk may reduce patient willingness to participate
  - Structural racism
  - Broken down by fear of past injustices
- Financial Issues:
  - Routine care costs (copayments, coinsurance, deductibles)
  - Time away from work
  - Lodging, meals, dependent care, and transportation burden
  - Unknown adverse effects of investigational agent and resulting expenses (e.g., supportive care medications, urgent care visits, hospitalizations)

# Potential Solutions

- Overcoming Trial Issues:
  - Broaden eligibility criteria
  - Include trial design/study plan to encompass disease subtypes commonly seen in Blacks
  - Appoint a diversity officer for local trial site operations
  - Enhance role of patient navigators in improving enrollment
  - Need consistent staff education on valuing different ethnicities in relation to their culture
  - Focus on effective communication with all medical staff; take a team-based approach and patient-centered focus
- Overcoming Social/Cultural Issues:
  - Establish strong patient/doctor relationships by acknowledging and addressing patient concerns
  - Forge partnerships through outreach to include social groups not traditionally approached for trial enrollment (e.g., churches, medical societies, etc.)
  - Engage with patient advocacy groups.
  - Have patients share trial experiences with others to help alleviate fears/concerns
  - Develop programs that make resources available to support clinical trial infrastructure in locations that are race/ethnicity rich



# Potential Solutions

- Overcoming Financial Concerns:
  - Clarify definitions of routine care costs
  - Provide patients with clear and transparent information about potential trial-related financial burden along with resources to help
  - Allow for ethically appropriate financial assistance for trial-related expenses
  - Conduct additional research to help recognize and address the financial burden of clinical trials



# Integration of BCMA-targeted Therapies in Underrepresented Populations

# BCMA-Targeted Therapies for MM

## Antibody-drug conjugates

Belantamab mafodotin (discontinued)

MEDI2228\*

CC-99712

## Bispecific antibodies/BiTEs

Teclistamab

Elranatamab

Linvoseltamab (REGN5458)

Pavurutamab (discontinued)

Alnuctamab (cc-93269)

TNB-383B

RO7297089

## CAR-T therapies

Idecabtagene vicleucel

Ciltacabtagene autoleucel

Orvacabtagene autoleucel\*

Zevorcabtagene autoleucel

(CT053)

ALLO-715

bb21217\*

P-BCMA-101\*

P-BCMA-ALLO1

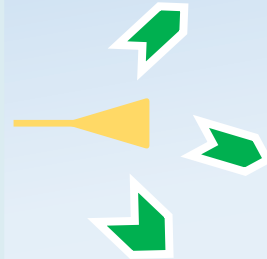
CT103A

C-CAR088

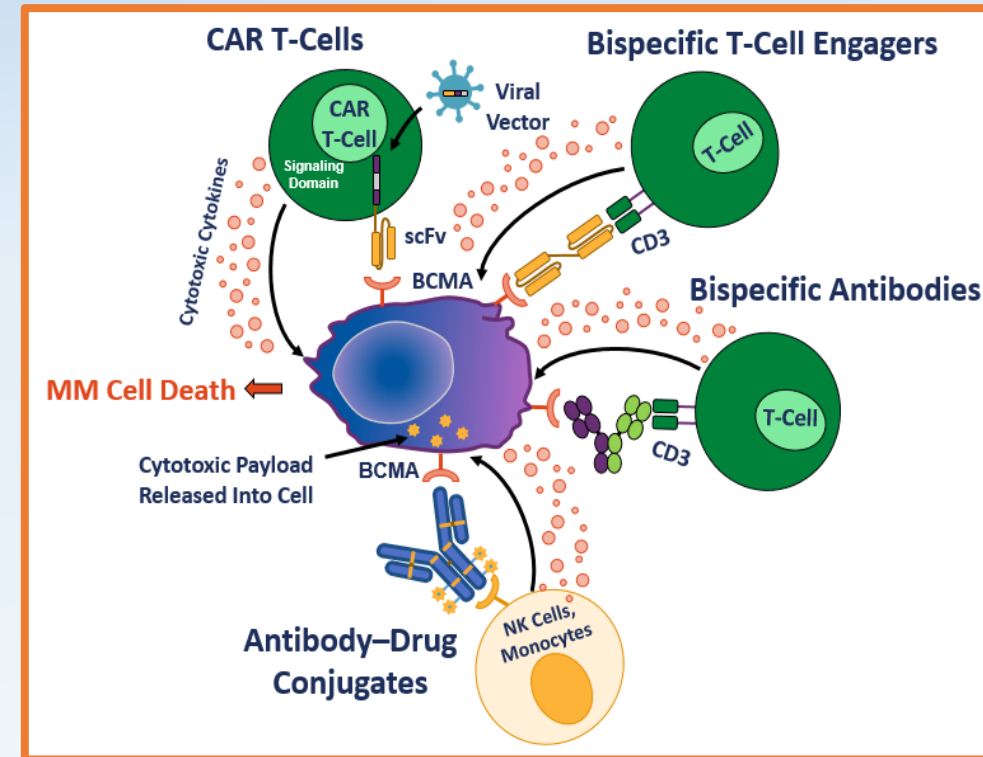
PHE885

CART-ddBCMA

BCMA



Myeloma cell



\*Development halted.

BiTEs = bispecific T-cell engagers.

# Progress in AA Enrollment in BCMA and Newer Targeting Agents Trials

## Characteristics of the Patients at Baseline

Characteristic	Phase 1 (N=29)	Phase 2 (N=68)	Total (N=97)
<b>Median age, years</b>	60 (57-67)	62 (55-70)	61 (56-68)
<b>Sex</b>			
<b>Male</b>	14 (48%)	43 (63%)	57 (59%)
<b>Female</b>	15 (52%)	25 (37%)	40 (41%)
<b>Race</b>			
<b>White</b>	20 (69%)	49 (72%)	69 (71%)
<b>Black or African American</b>	5 (17%)	12 (18%)	17 (18%)
<b>Asian</b>	1 (3%)	0	1 (1%)
<b>American Indian or Alaska Native</b>	1 (3%)	0	1 (1%)
<b>Native Hawaiian or other Pacific Islander</b>	0	1 (1%)	1 (1%)
<b>Not Reported</b>	1 (7%)	6 (9%)	8 (8%)

### Cilta-Cel

Characteristic	Phase 1 (N=40)	Phase 2 (N=125)	Total (N=165)
<b>Age</b>			
<b>Median (range) – years</b>	62.5 (39-84%)	64 (33-83%)	64 (33-84%)
<b>≥75 yr</b>	5 (12.5%)	19 (15.2%)	24 (14.5%)
<b>Sex</b>			
<b>Male</b>	26 (65%)	70 (56%)	96 (58.2%)
<b>Female</b>	14 (35%)	55 (44%)	69 (41.8%)
<b>Race</b>			
<b>White</b>	34 (85%)	100 (80%)	134 (81.2%)
<b>Black or African American</b>	1 (2.5%)	20 (16%)	21 (12.7%)
<b>Asian</b>	0	3 (2.4%)	3 (1.8%)
<b>Other</b>	5 (12.5%)	2 (1.6%)	7 (4.2%)

### Teclistamab

Characteristic	Subcutaneous Talquetamab, 405 µg Weekly (N=30)	Subcutaneous Talquetamab, 800 µg Every 2 Weeks (N=44)	Subcutaneous Talquetamab, All Doses (N=130)	Subcutaneous Talquetamab, All Doses (N=102)
<b>Age</b>				
<b>Median (range) – years</b>	62 (46-80%)	64 (47-84%)	64 (39-84%)	65 (33-79%)
<b>≥75 yr</b>	7 (23%)	15 (34%)	37 (28%)	32 (31%)
<b>Sex</b>				
<b>Male</b>	19 (63%)	21 (48%)	75 (58%)	57 (56%)
<b>Female</b>	11 (37%)	23 (52%)	55 (42%)	45 (44%)
<b>Race</b>				
<b>White</b>	25 (83%)	35 (80%)	107 (82%)	82 (80%)
<b>Black or African American</b>	4 (13%)	4 (9%)	13 (10%)	14 (14%)
<b>Asian</b>	0	3 (7%)	4 (3%)	2 (2%)
<b>Other</b>	1 (3%)	2 (5%)	6 (5%)	4 (4%)

### Talquetamab

# Audience Polling Question

Which of the following would be a good proposition for overcoming racial disparities in multiple myeloma care?

1. Implement a “one-size-fits-all” program to standardize how to effectively communicate with minorities
2. Broaden the number of health care workers involved in the treatment of a given patient
3. Narrow clinical trial eligibility criteria
4. None of the above



# A Coordinated Multidisciplinary Approach for MM Care

## Boston Medical Center's CAR-T Program

Oncology

Critical  
Care

Neurology

Oncology  
Clinical  
Nursing

Pharmacy

Laboratory  
/Apheresis



The Multidisciplinary Clinical team provides integrated care between **hematology, critical care, neurology, cardiology, pharmacy and emergency department** with dedicated **social work and patient navigator** support



This program will become an **integral part of the Boston cell therapy development ecosystem**; consolidate the clinical program and **build translational research capabilities** to advance new cell therapy product concepts into clinical testing

# Summary

- Disparities along racial lines exist due, in part, to differences in biology, socioeconomic status, and healthcare access
- Adverse drug reactions can often occur along racial lines; hyperpigmentation and peripheral neuropathy are two that more frequently affect Blacks
- Overcoming barriers to clinical trial enrollment include addressing trial, financial, social/cultural issues
- Enhanced care of MM across races requires:
  - Recognition of racial disparities
  - Care that is tailored to a specific race or culture
  - A coordinated multidisciplinary approach
  - Improved patient/clinician and clinician/clinician communication



**Thank you for your attention.**

Please complete the evaluation and posttest in order to claim your statement of credit.