# Controversies in Internal Medicine

May 6-10, 2024

Omni Hilton Head Oceanfront Resort Hilton Head Island, SC



cme.bu.edu/conhh24

Barry M. Manuel Center for Continuing Education

# Faculty

### Sonia Ananthakrishnan, MD

Assistant Professor Boston University Chobanian & Avedisian School of Medicine Department of Medicine Division of Endocrinology Diabetes & Nutrition

### David L. Battinelli. MD

Co-Course Director Betsey Cushing Whitney Professor of Donald and Barbara Zucker School of Medicine at Hofstra/Northwell Executive Vice President & Physician-in-Chief, Northwell Health

### Steven Borkan, MD

Associate Professor of Medicine Boston University Chobanian & Avedisian School of Medicine Attending Physician, Renal Section Boston Medical Center

### Barbara DeVoe. DNP. FNP-BC CNE Course Advisor

### Amit Garg, MD, FAAD

Professor & Founding Chair Department of Dermatology Donald and Barbara Zucker School of Medicine at Hofstra/Northwell SVP, Dermatology Service Line Chair, Northwell Health Physician Partners Northwell Health Professor, Center for Health Innovations & **Outcomes Research** Feinstein Institutes for Medical Research

### Robert Lowe, MD

Co-Course Director Associate Professor of Medicine Boston University Chobanian & Avedisian School of Medicine Director of Education Section of Gastroenterology **Boston Medical Center** 

### Louis H. Miller, MD, FACC, FACP

Assistant Dean for Career Advisement Donald and Barbara Zucker School of Medicine at Hofstra/Northwell Director of Clinical Cardiology Long Island Jewish Medical Center Associate Program Director, Fellowship in Cardiovascular Disease at NS/LIJ Northwell Health

### Gopal Yadavalli, MD

Clinical Associate Professor Boston University Chobanian & Avedisian School of Medicine Vice Chair for Education Department of Medicine Division of Infectious Diseases

### Michael York, MD

**Assistant Professor** Boston University Chobanian & Avedisian School of Medicine Department of Medicine Section of Rheumatology

# Disclosure Policy

It is the policy of the Barry M. Manuel Center for Continuing Education, that faculty disclose to program participants any real or apparent conflict of interest. In addition, faculty are asked to disclose any discussion pertaining to the unapproved use of pharmaceuticals and devices.

If you ever feel this policy has not been adhered to, please use this form at https://cme.bu.edu/contactus to contact us know immediately.

For any concerns that cannot be resolved with Boston University Chobanian & Avedisian School of Medicine, Barry M. Manuel Center for Continuing Education directly, please follow the complaint resolution process outlined on the State Authorization & Distance Education Website: http://www.bu.edu/state-authorization.

# Who Should Attend?

Primary Care Physicians, Internists, Family Practice Physicians, Nurse Practitioners, Nurses, and Physician Assistants

# **Educational Objectives**

At the conclusion of this conference the participants will be able to:

- Describe the latest medical controversies in primary care that have arisen because of new advances in disease processes and patient outcome data.
- Identify such problems in their practice and work settings.
- Choose and provide appropriate treatment for such issues.

### **Professional Practice Gap and Educational Needs Addressed**

The generalist is faced with mastering an ever-increasing amount of knowledge to effectively care for patients. These clinicians must keep abreast of the most up to date evidence for a large number of disease states, and in particular, struggle with controversial internal medicine issues. These controversies are frequently the result of trying to reconcile the evidence of disease process outcomes versus patient care outcomes. This is compounded by the difficulty interpreting information presented by industry, which frequently overstates the disease process outcome when the patient care outcome does not support that evidence.

The intent of this activity is to expand the clinical competence of the participating clinicians by providing a format for adult learning that includes brief lectures, case-based small group workshops, interactive question and answer sessions, as well as time for personal expert faculty consultations. It also provides a weeklong forum for generalists to learn from their peers in a program that fosters collaborative sharing of patient care issues especially with respect to active and evolving internal medicine controversies.

# Accreditation



n support of improving patient care, Boston University Chobanian & Avedisian School of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Boston University Chobanian & Avedisian School of Medicine designates this live activity for a maximum of 20.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Contact Hours: 20 of which TBD are eligible for pharmacology credit



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the

purpose of granting ABIM MOC credit.

By attending this activity and providing your ABIM number & Date of Birth, you authorize BU CCE to report your information to the ACCME so that we may process your MOC Part II credit on your behalf.

### **Physician Assistants**

NCCPA accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 20.0 hours of Category I credit for completing this program.

# Agenda (this agenda is subject to change)

## Monday, May 6

| 7:30am | Registration and Breakfast   |
|--------|--|
| 8:00   | Welcome by Course Directors David L. Battinelli, MD and Rob Lowe, MD   |
| 8:05   | Beyond the "C" - the Other Hepatitis Viruses Robert Lowe, MD   |
| 8:50   | The Long, Dark Teatime of the Sole: Guidelines for Diabetic Foot Infection - Gopal Yadavalli, MD                               |
| 9:35   | Beyond Stress and Echoes: Incorporating Coronary CT Angiography and Cardiac MRI into Your Clinical Practice - Louis Miller, MD |
| 10:20  | Break  |
| 10:35  | Acute Kidney Injury: From Bedside to Bench and Back - Steven Borkan, MD  |
| 11:20  | WORKSHOPS - A, B, C  A. Assessing Risk and Reward: Caring for Patients with Hypertrophic                                       |
|        | Cardiomyopathy - Louis Miller, MD  |
|        | B. The Great Gatsby: The Rise and Fall of Serum Calcium<br>Sonia Ananthakrishnan, MD   |
|        | C. Rheumatology: Clinical Conundrums Michael York, MD  |

12:35pm Adjourn

# Tuesday, May 7

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|--|---|
| 7:30am   | Breakfast   |
| 8:00   | Brave New World - The Utopia vs Dystopia with GLP-1 and GIP Therapy Sonia Ananthakrishnan, MD |
| 8:45   | Pain Everywhere, All the Time, Forever (Fibromyalgia) - Michael York, MD                      |
| 9:30   | New Approaches in Inflammatory Bowel Disease - Robert Lowe, MD                                |
| 10:15  | Break   |
| 10:30  | Controversies in Internal Medicine Part I - David Battinelli, MD                              |
|  |   |

### **Co-Provided with Northwell Health**







### WORKSHOPS - D. E. F.

- D. Hepatology: Clinical Conundrums Robert Lowe, MD
- E. The Great Gatsby: The Rise and Fall of... Serum Calcium Sonia Ananthakrishnan, MD
- F. Rheumatology: Clinical Conundrums Michael York, MD

12:30pm Adjourn

# Wednesday, May 8

| 7:30am | Breakfast   |
|--------|---|
| 8:00   | Fahrenheit 101: Guidelines for Fever in the Critically III - Gopal Yadavalli, MD  |
| 8:45   | Walking Urgencies: Outpatient Nephrology Challenges - Steven Borkan, MD   |
| 9:30   | Reduced, Preserved, Recovered, and Everything in Between: The Evidence for Quadruple Therapy Across the Heart Failure Spectrum - Louis Miller, MD |
| 10:15  | Break   |
| 10:30  | Controversies in Internal Medicine Part II - David Battinelli, MD   |
| 11:15  | WORKSHOPS - G, H, I G. Assessing Risk and Reward: Caring for Patients with Hypertrophic Cardiomyopathy - Louis Miller, MD                         |

H. Slowing Diabetic Chronic Kidney Disease - Steven Borkan, MD

I. Hepatology: Clinical Conundrums - Robert Lowe, MD

12:30pm Adjourn

# Thursday, May 9

| 7:30am  | Breakfast   |
|---------|---|
| 8:00    | Common and Important Spots - Amit Garg, MD  |
| 8:45    | Of Mice to Men - Updates in Interpreting TSH in Hypothyroidism Sonia Ananthakrishnan, MD  |
| 9:30    | Is it Lupus? Diagnosing Lupus and Interpreting the ANA - Michael York, MD   |
| 10:15   | Break   |
| 10:30   | Common and Important Rashes - Amit Garg, MD   |
| 11:15   | WORKSHOPS - J, K, L  J. Common and Important Spots & Rashes Review - Amit Garg, MD  K. Hepatology: Clinical Conundrums - Robert Lowe, MD  L. Slowing Diabetic Chronic Kidney Diseases - Steven Borkan, MD |
| 12:30pm | Adjourn   |

# Friday, May 10

7.30am Breakfast

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|----------|---|
| 8:00     | Controversies in Internal Medicine Part III - David Battinelli, MD                                      |
| 8:45     | Beating Diuretic Resistance - Steven Borkan, MD   |
| 9:30     | Break   |
| 10:00    | Affirm No More: Contemporary Management of Atrial Fibrillation  |
|          | Louis Miller, MD  |
| 10:45    | One Flu Over the Cuckoo's Nest: The Latest on Vaccines for Respiratory Infections - Gopal Yadavalli, MD |
| 11:30    | Adjourn   |

# Accommodations

# **Omni Hilton Head Oceanfront Resort**

23 Ocean Lane, Hilton Head, South Carolina 29928 Ph: 843.842.8000 | Fx: 843.842.8033 | <u>omnihotels.com/hotels/hilton-head</u>

A block of rooms has been reserved at the special rate of \$279/ night, single or double, plus a resort fee of \$25 per room, per day and applicable taxes. The room block will be held until Friday, April 12, 2024, or until it is full. Space is limited and is subject to availability. You may make reservations by online or by calling 800.843.6664. Mention you are with the Boston University conference to receive the special conference rate.

Hotel room cancellations will be accepted prior to 12:00pm local hotel time, at least 3 days prior to arrival. If the reservation is no longer required and is not cancelled prior to this time, the reservation will be released, and one night's subsequent room and tax charges will be billed to the credit card on file. The hotel will also charge an early departure fee for any guest who checks out prior to the guest's reserved check out day in the amount equal to one night room and tax. Guests wishing to avoid an early check out fee should advise the Omni at or before checkin of any change in planned length of stay.

Check-in is 4:00pm and Check-out is 11:00am.

### Guests may use this link/qr-code to make their reservations online:

https://www.omnihotels.com/hotels/hilton-head/ meetings/controversies-in-internal-medicine-05042024#make-a-reservation



# Controversies in Internal Medicine

# Registration

Please scan the QR code below to get to the registration site.

Use coupon code CONHH2024 by March 25, 2024, to receive \$100 off your registration fee.

MD/DO - \$999 **NP/PA** - \$900 BUSM/Northwell/Hofstra Alumni - \$649 BUSM/BMC/Hofstra/Northwell Faculty/Staff/Student - \$575 Fellows/Residents/Military - \$624

# Cancellation Policy

Substitution may be made at any time without an additional charge. Refunds will be issued for all cancellations received at least two weeks prior to the start of the conference.

A \$75.00 administrative fee will be charged for all refunds and credits. Should cancellation occur less than two weeks prior to the start of the conference, a credit towards another Barry M. Manuel Center for Continuing Education conference will be issued, not a

"No shows" are subject to the full course fee. Substitutions must be made in writing to <a href="mailto:cme@bu.edu">cme@bu.edu</a>. Refunds and credits will not be issued once the conference has started. If you need to cancel your registration, please email cme@bu.edu.

This course is subject to change and/or cancellation without notice.



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