



Boston Medical Center Transgender Health Conference: Clinical Care & Advocacy (2022)

February 10, 2022

Boston Medical Center Transgender Health Conference: Clinical Care & Advocacy - This event is for health care providers and allied professionals dedicated to the health care of transgender, non-binary and gender diverse patients. The conference will focus on clinical care, such as working with children and adolescents, primary care, hair removal, and voice therapy, as well as on the importance of advocacy. Representatives of multiple advocacy efforts will share their work and offer ways that attendees can collaborate in improving care for this patient population.

Target Audience

This program is designed for the healthcare team that cares and advocates for transgender and gender diverse patients and clients including physicians, pharmacists, psychologists, physician assistant, nurses, nurse practitioners, social workers, patient navigators and allied health professionals of all specialties.

Learning Objectives

At the end of this activity, the learner should be able to:

- Describe current practice in clinical care for transgender and gender diverse patients and clients.
- Recognize that advocacy and interprofessional collaboration are essential for improving care for these populations.
- Name at least two community organizations working to improve health care for transgender and gender diverse populations.

Accreditation

Boston University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Boston University School of Medicine designates this live activity for a maximum of *6.75 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Boston University School of Medicine Continuing Nursing Education is accredited with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

Contact Hours: 7.00 of which 1.83 is eligible for pharmacology credit

This program has been approved for 6.5 Social Work Continuing Education Credits, for the licensure period of October 1, 2020 -- September 30, 2022, in accordance with 258 CMR. Boston University School of Social Work Authorization Number B-202-585.

(No partial credit is allowed for Social Work credit. A post test must be completed)

Core Competencies

This activity has been developed with consideration given to the American Board of Medical Specialties Six Core Competencies. This activity will increase your competency in the areas of patient care, medical knowledge, interpersonal and communication skills, professionalism and systems-based practice

How to Claim Your Continuing Education Certificate

Physicians, Nurses and Participant Credit

1. Go to <https://cme.bu.edu/ctms22> after the meeting has ended.
2. Login with the username/password you used to register for the conference
3. This should take you back to the conference home page
4. Click "Take Course"
5. Follow instructions/steps for completing the evaluation and claiming credit.
6. If you have trouble, please visit the [help page](#) or contact the office at 617-358-5005 or cme@bu.edu

Social Work Credit

1. Go to <https://cme.bu.edu/ctmssw#group-tabs-node-course-default1> after the meeting has ended.
2. Click "Take Course"
3. Follow instructions/steps for completing the post test, evaluation and claiming credit.
4. Please note that partial credit for social work is not allowed.
5. If you have trouble, please visit the [help page](#) or contact the office at 617-358-5005 or cme@bu.edu

References

1. James, Sandy; Herman, Jody; Rankin, Susan; Keisling, Mara; Mottet, Lisa; Anafi, Ma'ayan. (2015). *The report of the 2015 U.S. transgender survey*. Washington, DC: National Center for Transgender Equality.
2. World Professional Association for Transgender Health (WPATH), (2012). Standards of care for the health of transexual and gender-nonconforming people. *International Journal of Transgenderism*, 13(4), 165-232. doi:10.180/15532739
3. Hembree, W. C., Cohen-Kettenis, P. T., Gooren, L., Hannema, S. E., Meyer, W. J., Murad, M. H., Rosenthal, S. M., Safer, J. D., Tangpricha, V., & T'Sjoen, G. G. (2017). Endocrine treatment of gender-dysphoric/ gender-incongruent persons: An endocrine society*clinical practice guideline. *Journal of Clinical Endocrinology and Metabolism*, 102(11), 3869–3903. <https://doi.org/10.1210/jc.2017-01658>
4. Chang, S.C., Singh, A. A. & dickey, l.m., (2018). *A Clinician's guide to gender affirming care: Working with transgender & gender nonconforming clients*. Oakland, CA: New Harbinger
5. Keuroghlian AS, Potter J, Reisner SL. eds. *Transgender and gender diverse health care: The fenway guide*. McGraw Hill; 2022. Accessed January 29, 2022. <https://accessmedicine.mhmedical.com/content.aspx?bookid=3104§ionid=259321051>

Agenda

Time	Duration	Session	Presenter(s)
8:00a – 9:50a	Opening Plenary		
8:00a – 8:15a	10 min	Welcome and Introduction of Speakers	Jenny Siegel, MD <i>CTMS Medical Director</i>
8:15a – 8:45a	30 min	Keynote Speaker	Diego Miguel Sanchez, APR <i>Director of Advocacy, Policy and Partnerships, PFLAG National</i> Introduced by Pam Klein
8:45 – 9:00a	15 min	Research Overview	Carl Streed, MD, MPH, FACP <i>CTMS Research Lead</i>
9:00a – 9:15a	15 min	Health Policy Overview	Kellan Baker, PhD, MPH, MA <i>Executive Director and Chief Learning Officer at the Whitman-Walker Institute</i>
9:15a – 9:20	5 min	Overview of CTMS Services	Micha Martin, LCSW <i>CTMS Program Manager</i>
9:20a – 9:30a	10 min	Client, Patient, Colleague, Fabulousness	Rosa Auterio-Williams, LMHC Introduced by Pam Klein
9:30a – 9:40a	10 min	Elijah Oyenuga	Elijah Oyenuga Introduced by Mandy Coles
9:40a – 9:50a	10 min	A tribute to Jahaira DeAlto	Athena Vaughn Introduced by Pam Klein
9:50 – 10:00	BREAK		
10:00a – 11:00a	60 min	Large Group Session: Primary Care for Transgender and Gender Diverse Patients Across the Lifespan	Jenny Siegel, MD Carl Streed, MD, MPH, FACP Annie Potter, NP Mandy Coles, MD, MPH
11:05a – 12:00p	55 min	Large Group Session: Building Trust: Trauma Informed Care	Brenna Cyr, LICSW Jordan Bensley, BA Micha Martin, LCSW
12:00p – 12:45p	LUNCH BREAK		

12:45p – 1:35p	50 min	Concurrent Session 1: Choose One		
		<p>Laser Hair Removal and Electrolysis</p> <p>Pam Klein, RN, MSN Linda DeFruscio</p>	<p>Support Letters in line with WPATH & Insurance Guidelines</p> <p>Brenna Cyr, LICSW Erin Peterson, LICSW Micha Martin, LCSW</p>	<p>Advanced Topics in Endocrinology</p> <p>Katie Modzelewski, MD Catherine Sullivan, MD Kate Millington, MD</p>
1:40 – 2:30	50 min	Concurrent Session 2: Choose One		
		<p>Surgery Session Patient Centered Surgical Care</p> <p>Jaromir Slama, MD & Pam Klein, RN, MSN</p>	<p>Voice Therapy</p> <p>Hadas Golan, MS, CCC-SLP Lauren Tracy, MD</p>	<p>Supporting Gender Diverse Children, Adolescents and their Families</p> <p>Mandy Coles, MD, MPH Erin Peterson, LICSW</p>
2:40p – 3:00p	BREAK			
3:00a – 4:30p	90 min	<p>Large Group Session: Panel: Advocacy Rooted in Community Where Health Care Needs to Go:</p> <p>Facilitated by Micha Martin</p>	<p>Welcome to session: Micha Martin <i>CTMS program manager</i></p> <p><i>Panelists</i> Dallas Ducar, MSN, APRN <i>Chief Executive Officer Transhealth Northampton</i> Tre'Andre Valentine <i>Executive Director Massachusetts Transgender Political Coalition (MTPC)</i> Chastity Bowick Jane Haskell <i>Trans Emergency Fund</i></p>	
4:30p	5 min	Closing	Micha Martin, LCSW <i>CTMS program manager</i>	

Faculty

Boston University School of Medicine asks all individuals involved in the development and presentation of Accredited Continuing Education activities to disclose all financial relationships with ineligible companies. This information is disclosed to all activity participants prior to the start of the educational activity. Boston University School of Medicine has procedures to mitigate all relevant financial relationships with ineligible companies. In addition, faculty members are asked to disclose when any unapproved use of pharmaceuticals and devices is being discussed.

In accordance with the Standards for Integrity and Independence in Accredited Continuing Education, all relevant financial relationships with ineligible companies that faculty, planners, authors and anyone who may be in control of content have been mitigated.

Speaker	Affiliation	Position
Annie Potter	Boston Medical Center	Nurse Practitioner and Clinical Educator
Athena Vaughn	N/A	Trans activist
Brenna Cyr	Boston Medical Center	CTMS Behavioral Health Lead
Carl Streed Jr	Boston Medical Center	Research Lead, Center for Transgender Medicine & Surgery
Catherine Sullivan	Boston University	Assistant Professor of Medicine
Chastity Bowick	Transgender Emergency Fund MA	Executive Director
Dallas Ducar	Transhealth Northampton	CEO
Diego Miguel Sanchez	PFLAG National	Director of Advocacy, Policy & Partnerships
Elijah Oyenuga	N/A	LGBT Inclusion and Awareness Consultant
Erin Peterson	Boston Medical Center, The Child and Adolescent Transgender Center for Health	CATCH Behavioral Health Director, LICSW
Hadas Golan	Boston Medical Center	Speech and Language Pathologist , working in the Department of Otolaryngology
Jane Haskell	Transgender Emergency Fund of MA	Case Manager Coordinator
Jaromir Slama	Boston Medical Center	Chief, Plastic & Reconstructive Surgery
Jenny Siegel	Boston Medical Center, Center For Transgender Medicine and Surgery	Medical Director, Center for Transgender Medicine and Surgery
Jordan Bensley	Boston Medical Center, Center For Transgender Medicine and Surgery	Patient Navigator
Kate Millington	Boston Children's Hospital; Boston Medical Center	Attending Physician
Katherine Modzelewski	Boston Medical Center	Endocrinologist
Kellan Baker	Whitman-Walker Institute	Executive Director
Lauren Tracy	Boston Medical Center	Otolaryngologist
Linda DeFruscio	A&A Laser, Electrolysis & Skin Care	Registered Electrologist & Registered Instructor & Certified Laser Technician
Mandy Coles	Boston Medical Center, The Child and Adolescent Transgender Center for Health	MD, MPH, CATCH Medical Director, Clinical Associate Professor of Pediatrics
Micha Martin	Boston Medical Center, Center For Transgender Medicine and Surgery	Program Manager
Michael Cox (he/him)	Black and Pink MA	Executive Director

Pam Klein	Boston Medical Center, Center For Transgender Medicine and Surgery	Nurse Liaison
Rosa Auterio Williams	Boston Medical Center	Health Promotions Advocate
Tre'Andre Valentine	Massachusetts Transgender Political Coalition (MTPC)	Executive Director

Planning Committee

Carmela A. Townsend	DNP, MS/MBA, RN	Accredited Provider Program Director
Jenny Siegel	MD	Course Director
Pam Klein	RN, MSN	Nursing Lead
Micha Martin	LCSW	Lead, Planning Committee
Luisa Gomes	Operations	Planning Committee, Budget
Jordan Bensley	Navigator	Planning Committee, Website/Promotions

The following speakers/planners have something to disclose:

- Linda DeFruscio is a speaker and consultant for A&A A & A Laser Electrolysis
- Carl Streed, MD, MPH, FACP is a consultant for EverlyWell and receives grant/research support from NIH, American Heart Association and Providence/Boston CFAR.
- Lauren Tracy and Jenny Siegel do plan to discuss unlabeled/investigational uses of a commercial product.

Disclaimer

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