



**School of Medicine**

Barry M. Manuel Continuing Medical Education Office

and

*Boston University School of Medicine Department of Pediatrics -*

*Division of Developmental and Behavioral Pediatrics*

present

**The Steven J. Parker Memorial  
Developmental-Behavioral  
Pediatric Conference:  
Clinical Problems in Primary Care**

**March 11 - 12 2022**

**Boston University Charles River Campus/Virtual  
Boston, Massachusetts**



## Overview

This annual two-day accredited conference has been going strong for over three decades. It is designed for practicing clinicians who have an interest, passion or emerging expertise in developmental and behavioral pediatrics and want to take their knowledge and skill to the next level.

Many clinicians and allied medical professionals do not feel adequately trained when in practice and yet they face these challenges with patients and families every day. The course offers practical approaches to these issues and we welcome participants from a broad array of disciplines including physicians, advance practice providers, nurses, social workers, and allied medical professionals who work in Pediatrics and the broader medical community.

## Target Audience

Primary care physicians, pediatricians, pediatric nurse practitioners, nurses, physician assistants, social workers, child mental health professionals and family nurse practitioners.

## Learning Objectives

Through lectures and question and answer sessions, participants at the conclusion of this conference will be able to:

- Recognize the impact of relational health on the developmental trajectory of children and families
- Identify strategies to support relational strengths and protective factors to mitigate problems and risks associated with child-caregiver relationships.
- Describe the latest clinical information on developmental and behavioral issues in children and families
- Choose and provide appropriate treatment for such issues

## Program

### Friday, March 11, 2022

7:15 AM Registration and Continental Breakfast (In-Person)

8:15 AM Welcome and Introduction - *Marilyn Augustyn, MD*

### **MODULE 1: Relational Health**

8:30 AM Harris Keynote - Sensitive Periods in Human Development: The Effects of Early Profound Deprivation - *Charles A. Nelson III, PhD*

9:45 AM Break

10:00 AM Improving Early Childhood Well-Being: Understanding and Addressing Maternal Adversity  
*Mei Elansary, MD*

10:45 AM Parentese To Bonding-What Can Primary Care Do To Support Infant Mental Health  
*Marilyn Augustyn, MD*

11:15 AM Impact of DV on Parenting - *Neena McConnico, PhD, LMHC*

12:00 PM Break/Lunch On Your Own

1:30 PM Alphabet Soup of DBP - *Christine McGivney, DO, FAAP*

2:00 PM Understanding IEP's and How to Advocate for Children with Special Education Needs  
*Audrey Christiansen, MD*

2:45 PM How Bad WAS It? A Look at the Impact of the Pandemic on Families and Children with Chronic and Complex Illness - *Jack Maypole, MD*

3:30 PM	Break
3:45 PM	Urban Behavior Consultation Clinic - <i>Christina Lazdowsky, MSN, CPNP-PC, RN and Jacqueline McKendry, MS, BCBA, LABA</i>
4:30 PM	When You Have Concerns for Child Abuse or Neglect: Best Practices for Diversity-, Trauma-, and Justice-Informed Care - <i>Elizabeth Egan, MSW, MPH, LICSW and Genevieve L. Preer, MD</i>
5:15 PM	Adjourn

## **Saturday, March 12, 2022**

7:45 AM	Continental Breakfast (in person)
8:15 AM	Introduction - <i>Jack Maypole, MD</i>

### **Module 2: DSM 5 A Decade Later, Any Clearer?**

8:30 AM	Primary Diagnosis vs Primary Care - <i>Judith Palfrey, MD and Sean Palfrey, MD</i>
9:15 AM	Diagnosis in Young Child - <i>Alyssa Orinstein King, PhD</i>
10:00 AM	Break
10:15 AM	ARFID Diagnosis and Multidisciplinary Treatment in Youth with Feeding Difficulties <i>Laura Nelson Darling, MA</i>
11:00 AM	ADHD and the DSM 5 - <i>Andrea E. Spencer, MD</i>
11:45 AM	Autism in Primary Care: Pushing the Boundary of Identification and Care - <i>Mona S. Doss, DO</i>
12:30 PM	Break/Lunch On Your Own
2:00 PM	Reconnect With Your Inner Self: Stress Management Techniques During Times of Change <i>Jodi Santosuosso, APRN, BC, NP-C CNE</i>
2:30 PM	SIDS/SUID: What We Know & What We Can Do - <i>Alexander Friedman, MPH and Shari Krauss, MA, MPH</i>
3:15 PM	Break
3:30 PM	Grief and COVID Panel - <i>Jill Baker, LICSW, Alyssa Orinstein King, PhD, Neena McConnico, Ph.D, LMHC, Minelia Rodriguez, LMHC</i>
4:15 PM	The Ten Best Articles in DBP 2021 - <i>Marilyn Augustyn, MD and Jack Maypole, MD</i>
5:00 PM	Adjourn

## Accreditation

### Physician Accreditation

Boston University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Boston University School of Medicine designates this live activity for a maximum of *13.25 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### AAP

This continuing medical education activity has been reviewed by the American Academy of Pediatrics and is acceptable for a maximum of 13.25 AAP credits. These credits can be applied toward the AAP CME/CPD Award available to Fellows and Candidate Members of the American Academy of Pediatrics.

### AAFP

The AAFP has reviewed The Steven J. Parker Memorial Developmental-Behavioral Pediatric Conference: Clinical Problems in Primary Care and deemed it acceptable for up to 12.75 Live AAFP Elective credits. Term of Approval is from 03/11/2022 to 03/12/2022. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

*Please note the following session was not awarded CME credit. Reconnect With Your Inner Self: Stress Management Techniques During Times of Change- Nursing Accreditation*

### Nursing Accreditation

Boston University School of Medicine Continuing Nursing Education is accredited with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

Contact Hours: 13.5 of which 0.75 is eligible for pharmacology credit.

### NAPNAP

This program has been approved by the National Association of Pediatric Nurse Practitioners, Inc., (NAPNAP) Continuing Education Committee for the following contact hours: 13.25 contact hours of which 0.75 contact hours are pharmacology. (Program # A10-22-03)

### MOC

Successful completion of this CME activity, which includes participation in the activity, with individual assessments of the participant and feedback to the participant, enables the participant to earn 13.25 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABP MOC credit.

By attending this activity and providing your ABP number and Date of Birth, you authorize BUSM CME office to report your information to the ACCME so that we may process your MOC Part II credit on your behalf.

### Physician Assistant Accreditation

AAPA accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit™* from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 13.25 hours of Category I credit for completing this program.

### Social Workers – New York State

Boston University School of Medicine, Barry M. Manual Continuing Medical Education Office is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0589.

*Note: Social Workers must attend all sessions for credit. Partial credit is not allowed.*

## **Social Workers – Massachusetts**

This program has been approved for 14 Social Work Continuing Education Credits, for the licensure period of October 1, 2020 -- September 30, 2022, in accordance with 258 CMR. Boston University School of Social Work Authorization Number B-22-610.

*Note: Social Workers must attend all sessions for credit. Partial credit is not allowed.*

## **Faculty/Planning Committee**

*Boston University School of Medicine asks all individuals involved in the development and presentation of Accredited Continuing Education activities to disclose all financial relationships with ineligible companies. This information is disclosed to all activity participants prior to the start of the educational activity. Boston University School of Medicine has procedures to mitigate all relevant financial relationships with ineligible companies. In addition, faculty members are asked to disclose when any unapproved use of pharmaceuticals and devices is being discussed.*

*In accordance with the Standards for Integrity and Independence in Accredited Continuing Education, all relevant financial relationships with ineligible companies that faculty, planners, authors and anyone who may be in control of content have been mitigated.*

### **Marilyn Augustyn, MD**

Course Co-Director

Professor of Pediatrics

Director, Division of Behavioral and Developmental Pediatrics

Co-Editor, "Behavioral and Developmental Pediatrics: A Handbook for Primary Care

*Speaker has no relevant financial relationships to disclose. Speaker does not plan on discussing unlabeled/investigational uses of a commercial product*

### **Jill M. Baker, LICSW**

Outpatient Clinical Social Worker

Boston Medical Center

*Speaker has no relevant financial relationships to disclose. Speaker does not plan on discussing unlabeled/investigational uses of a commercial product*

### **Audrey Christiansen, MD**

Assistant Professor of Pediatrics

Training Director, Division of Developmental Pediatrics

*Speaker has no relevant financial relationships to disclose. Speaker does not plan on discussing unlabeled/investigational uses of a commercial product*

### **Laura Nelson Darling, MA, Doctoral Candidate**

Clinical Psychology Extern

Pediatric Feeding Clinic

Boston Medical Center

*Speaker has no relevant financial relationships to disclose. Speaker does not plan on discussing unlabeled/investigational uses of a commercial product*

### **Mona S. Doss, DO**

Assistant Professor

Boston University School of Medicine

Department of Pediatrics

Ambulatory Care Services

Boston Medical Center

*Speaker has no relevant financial relationships to disclose. Speaker does not plan on discussing unlabeled/investigational uses of a commercial product*

**Elizabeth Egan, MSW, MPH, LICSW**

Social Work Manager

Child Protection Team at Boston Medical Center *Speaker has no relevant financial relationships to disclose. Speaker does not plan on discussing unlabeled/investigational uses of a commercial product*

**Mei Elansary, MD**

Assistant Professor, Pediatrics

Boston University School of Medicine

Boston Medical Center

*Speaker has no relevant financial relationships to disclose. Speaker does not plan on discussing unlabeled/investigational uses of a commercial product*

**Alexander Friedman, MPH**

Trainings & Operations Specialist, The Massachusetts Center for Unexpected Infant & Child Death

Project Coordinator, The Autism Friendly Initiative at Boston Medical Center

*Speaker has no relevant financial relationships to disclose. Speaker does not plan on discussing unlabeled/investigational uses of a commercial product*

**Alyssa Orinstein King, PhD**

Developmental and Behavioral Pediatrics

Boston Medical Center

*Speaker has no relevant financial relationships to disclose. Speaker does not plan on discussing unlabeled/investigational uses of a commercial product*

**Shari Krauss, MA, MPH**

Program Director, The Massachusetts Center for Unexpected Infant and Child Death

Boston Medical Center Autism Program, Division of Developmental and Behavioral Pediatrics

Boston University/Boston Medical Center

*Speaker has no relevant financial relationships to disclose. Speaker does not plan on discussing unlabeled/investigational uses of a commercial product*

**Christina Lazdowsky, MSN, CPNP-PC, RN**

Assistant Professor of Pediatrics

Division of Developmental Behavioral Pediatrics

Pronouns: she/her/hers

*Speaker has no relevant financial relationships to disclose. Speaker does not plan on discussing unlabeled/investigational uses of a commercial product*

**Jack Maypole, MD**

CME Course Co-Director

Clinical Associate Professor in Pediatrics, BUSM/BMC

Vice Chair of Population Health and Practice Transformation

Director, Comprehensive Care Program (CCP) Medical Director, Special Kids Special Care Program Medical

*Speaker is a consultant for Goddard Systems. Speaker does not plan on discussing unlabeled/investigational uses of a commercial product*

**Neena McConnico, PhD, LMHC**

Executive Director, Child Witness to Violence Project | Boston Medical Center

Director of Diversity, Equity and Inclusion | Department of Pediatrics | Boston Medical Center

Assistant Professor of Pediatrics | Boston University School of Medicine

*Speaker has no relevant financial relationships to disclose. Speaker does not plan on discussing unlabeled/investigational uses of a commercial product*

**Christine McGivney, DO, FAAP**

PGY-6 Developmental and Behavioral Pediatrics Fellow  
Boston Medical Center

*Speaker has no relevant financial relationships to disclose. Speaker does not plan on discussing unlabeled/investigational uses of a commercial product*

**Jacqueline McKendry MS, BCBA, LABA**

Behavior Analyst & Autism Resource Specialist  
The Autism Program at Boston Medical Center  
Developmental & Behavioral Pediatrics  
BCBA Supervisor & PhD Student  
Pronouns: she/her/hers

*Speaker has no relevant financial relationships to disclose. Speaker does not plan on discussing unlabeled/investigational uses of a commercial product*

**Charles A. Nelson III, PhD**

Professor of Pediatrics and Neuroscience  
Harvard Medical School  
Professor of Education  
Harvard University  
Richard David Scott Chair in Pediatric Developmental Medicine Research  
Boston Children's Hospital  
Laboratories of Cognitive Neuroscience

*Speaker has no relevant financial relationships to disclose. Speaker does not plan on discussing unlabeled/investigational uses of a commercial product*

**Judith Palfrey, MD**

T. Berry Brazelton Professor of Pediatrics; Professor of Global Health and Social Medicine  
Harvard Medical School  
Pediatrician  
Boston Children's Hospital

*Speaker has no relevant financial relationships to disclose. Speaker does not plan on discussing unlabeled/investigational uses of a commercial product*

**Sean Palfrey, MD**

Emeritus Professor of Clinical Pediatrics and Public Health

Boston University *Speaker has no relevant financial relationships to disclose. Speaker does not plan on discussing unlabeled/investigational uses of a commercial product*

**Maureen Patterson-Fede, MSW, LICSW**

Social Work Course Advisor  
Child Witness to Violence Project | Good Grief Program  
Department of Developmental-Behavioral Pediatrics  
Boston Medical Center

*Planner has no relevant financial relationships to disclose.*

**Genevieve L. Preer, MD**

Assistant Professor  
Boston University School of Medicine

*Speaker has no relevant financial relationships to disclose. Speaker does not plan on discussing unlabeled/investigational uses of a commercial product*



**Minelia Rodriguez, MS, LMHC**

Mental Health & Intake Clinician

Child Witness to Violence Project & The Good Grief Program

Developmental & Behavioral Pediatrics at Boston Medical Center

*Speaker has no relevant financial relationships to disclose. Speaker does not plan on discussing unlabeled/investigational uses of a commercial product*

**Jodi Santosuosso, H.S.M.I, APRN, BC, NP-C**

CNE Course Advisor

Clinical Instructor

Family Nurse Practitioner

Division of Developmental and Behavioral Pediatrics

*Speaker has no relevant financial relationships to disclose. Speaker does not plan on discussing unlabeled/investigational uses of a commercial product*

**Andrea E. Spencer, MD**

Assistant Professor of Psychiatry, Boston University School of Medicine

Director, Pediatric Integrated Behavioral Health, Boston Medical Center

*Speaker has no relevant financial relationships to disclose. Speaker does not plan on discussing unlabeled/investigational uses of a commercial product*

**Carmela A. Townsend, DNP, MS/MBA, RN**

Accredited Provider Activity Director

Continuing Medical Education Office, Boston University School of Medicine

*Planner has no relevant financial relationships to disclose.*

**CME Program Manager:** Claire P. Grimbale, CMP

*Planner has no relevant financial relationships to disclose.*

**Boston University** School of Medicine

Barry M. Manuel Continuing Medical Education Office

72 East Concord Street, B208

Boston, MA 02118-2307

**Phone:** 617.358.5005

**Email:** [cme@bu.edu](mailto:cme@bu.edu)

**Website:** [cme.bu.edu](http://cme.bu.edu)

**About Dr. Parker**

Steven Parker, MD graduated from Cornell University, University of Michigan Medical School and completed pediatric residency at Stanford University Hospital. He completed a fellowship at Children's Hospital of Boston with T. Berry Brazelton in Child Development. He started his career in private pediatric practice but after 3 years joined the faculty at Boston University School of Medicine and Boston Medical Center (the former Boston City Hospital) and he became Director of Developmental and Behavioral Pediatrics in 1994, a position he served for over 13 years. He founded and directed the Comprehensive Care Program at BMC – a national model in family centered care for children with developmental disabilities. He published extensively on many areas in DBP and also was the voice of pediatrics for WebMD. His compassion, wisdom and insight in supporting children and families across Boston and the country will not be forgotten. In addition, he cofounded this conference in 1984 with Dr. Barry Zuckerman and it is in his memory that we hold the annual Steven J. Parker Memorial Developmental Behavioral Pediatrics Conference. We hope for all

participants that it is an annual opportunity to revisit the topics that are at the core of pediatric practice and to remember Steve's own advice for parents from his blog:

*"Enjoy your kids! Enjoy the ride! Some day soon you'll wonder how it all went by so fast and why you didn't appreciate it more as it was happening."*

## How to Claim Your Credit/Certificate

Certificates are issued online post meeting after completion of the evaluation. This information will also be emailed to you.

1. Go to <https://cme.bu.edu/parker22> after the meeting has ended.
2. Login with the username/password you used to register for the conference
3. This should take you back to the conference home page
4. Click "Take Course"
5. Follow instructions/steps for completing the evaluation and claiming credit.
6. If you have trouble, please contact the office at 617-358-5005 or [cme@bu.edu](mailto:cme@bu.edu)

NAPNAP certificates will be sent via email.

To claims MOC credit, please watch your email for a post test and further instructions.

## Questions?

Boston University School of Medicine Continuing Medical Education Office

Email: [cme@bu.edu](mailto:cme@bu.edu)

Phone: 617-358-5005

Address: 72 E. Concord Street, B208, Boston, MA 02118

Web: <https://cme.bu.edu/>

Twitter: @BU\_CME

Facebook: <https://www.facebook.com/BUCME>

Linked-In: <https://www.linkedin.com/company/boston-university-cme>

## References

"Impact of COVID-19 and lockdown on mental health of children and adolescents: A narrative review with recommendations☆", [Psychiatry Res.](#) 2020 Nov; 293: 113429.

Competency of Future Pediatricians Caring for Children With Behavioral and Mental Health Problems Cori Green, JoAnna K. Leyenaar, Adam L. Turner and Laurel K. Leslie Pediatrics July 2020, 146 (1) e20192884; DOI: <https://doi.org/10.1542/peds.2019-2884>

Complex ADHD Guideline Toolkit – SDBP - <https://sdbp.org/adhd-guideline/complex-adhd-guideline-toolkit/>

Recommendations & Guidelines | Autism Spectrum Disorder (ASD) | CDC <https://www.cdc.gov/ncbddd/autism/hcp-recommendations.html>

Kim et al. Lifetime Prevalence of Investigating Child Maltreatment Among US Children. Am J Public Health. 2017 Feb;107(2):274-280.

The impact of a poverty reduction intervention on infant brain activity Sonya V. Troller-Renfree, Molly A. Costanzo, Greg J. Duncan, Katherine Magnuson, Lisa A. Gennetian, Hirokazu Yoshikawa, Sarah Halpern-Meekin, Nathan A. Fox, Kimberly G. Noble Proceedings of the National Academy of Sciences Feb 2022, 119 (5) e2115649119; DOI: 10.1073/pnas.2115649119

## Materials

<https://www.bumc.bu.edu/cme/syllabus/behavioral-pediatric/>

Password: Parker

THESE MATERIALS AND ALL OTHER MATERIALS PROVIDED IN CONJUNCTION WITH CONTINUING MEDICAL EDUCATION ACTIVITIES ARE INTENDED SOLELY FOR PURPOSES OF SUPPLEMENTING CONTINUING MEDICAL EDUCATION PROGRAMS FOR QUALIFIED HEALTH CARE PROFESSIONALS. ANYONE USING THE MATERIALS ASSUMES FULL RESPONSIBILITY AND ALL RISK FOR THEIR APPROPRIATE USE. TRUSTEES OF BOSTON UNIVERSITY MAKES NO WARRANTIES OR REPRESENTATIONS WHATSOEVER REGARDING THE ACCURACY, COMPLETENESS, CURRENTNESS, NONINFRINGEMENT, MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE OF THE MATERIALS. IN NO EVENT WILL TRUSTEES OF BOSTON UNIVERSITY BE LIABLE TO ANYONE FOR ANY DECISION MADE OR ACTION TAKEN IN RELIANCE ON THE MATERIALS. IN NO EVENT SHOULD THE INFORMATION IN THE MATERIALS BE USED AS A SUBSTITUTE FOR PROFESSIONAL CARE OR REPLACE YOUR HOME COUNTRY'S LAWS, REGULATIONS, AND GUIDELINES CONCERNING MEDICAL CARE AND DRUG PRESCRIPTION ACTIVITIES.

© 2022 Trustees of Boston University