



Addressing Adolescent Mental Health in Primary Care
Webinar Series

**Screening, Diagnosis and Management of
Depression in Adolescents
October 21, 2022
1:30-3:00pm
Webinar**

Continuing Medical Education Information

Target Audience

Primary care clinicians.

Educational Needs Addressed

More primary care clinicians than ever are managing with adolescent mental health issues while waiting or trying to find specialized care for their patients.

Educational Objectives

At the conclusion of this activity, participants will be able to:

- Identify signs and symptoms related to depression in adolescents
- Discuss how to screen and assess in the primary care setting
- Describe the interventions PCPs can use in the primary care setting

Accreditation

Physicians:

Boston University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Boston University School of Medicine designates this live activity for a maximum of *1.5 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses:

Boston University School of Medicine Continuing Nursing Education is accredited with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

Contact Hours: 1.75 of which 0.25 is eligible for pharmacology credit.

How to Claim Your Continuing Education Certificate

Credit will be awarded to those who attend the program, complete and return their evaluation and attest to their attendance online using the following instructions.

1. Go to <https://cme.bu.edu/content/screening-diagnosis-and-management-depression-adolescents-addressing-adolescent-mental>
2. Click on Take Course and you will be directed to Login or Create an Account.
3. If you have a BU or BMC e-mail, you may log-in using Single Sign On (SSO) with your username and password. Otherwise, click Create a New Account or Log-in.
4. Follow the instructions to register and pay the \$10 recording fee.
5. Click on "Take Course" and your enrollment will be recorded. You will now see a Course Progress box.

6. Complete any requirements to claim your credit (e.g., the evaluation form). Clicking Next in the Course
7. Navigation box will guide you through each element. The Credit section will confirm the credit type you were awarded.
8. Please contact the CME office at cme@bu.edu or 617-358-5005 for assistance.

Faculty and Planning Committee

Boston University School of Medicine asks all individuals involved in the development and presentation of Accredited Continuing Education activities to disclose all financial relationships with ineligible companies. This information is disclosed to all activity participants prior to the start of the educational activity. Boston University School of Medicine has procedures to mitigate all relevant financial relationships with ineligible companies. In addition, faculty members are asked to disclose when any unapproved use of pharmaceuticals and devices is being discussed.

In accordance with the Standards for Integrity and Independence in Accredited Continuing Education, all relevant financial relationships that faculty, planners, authors, and anyone who may be in control of content have with ineligible companies have been mitigated.

Speakers

Michelle P. Durham, MD, MPH

Vice Chair of Education
Child, Adolescent and Adult Psychiatrist
Boston Medical Center
Clinical Associate Professor of Psychiatry & Pediatrics
Boston University School of Medicine

Genevieve Daftary, MD, MPH

Medical Director of Practice
Medical Director of School & Early Childhood Partnerships
Codman Square Health Center

Speakers have no relevant financial relationships to disclose. Speakers do plan on discussing unlabeled /investigational uses of a commercial product

Planning Committee

Marilyn Augustyn, MD, *Course Co-Director*
Sarah Bagley, MD, *Course Co-Director*
Rachel Amgott, NP, *Nurse Advisor*
Ilana Hardesty, MA
Claire Grimble, CMP
Carmela A. Townsend, DNP, MS/MBA, RN, *Accredited Provider Program Director*

Planners have no relevant financial relationships to disclose

References

<https://publications.aap.org/pediatrics/article/141/3/e20174081/37626/Guidelines-for-Adolescent-Depression-in-Primary?autologincheck=redirected>

<https://chear.org/news-publications/2022-03-21/mott-poll-adolescent-mental-health>

https://www.nytimes.com/spotlight/inner-pandemic?campaign_id=9&emc=edit_nn_20220510&instance_id=60927&nl=the-

[morning®i_id=67487895&segment_id=91787&te=1&user_id=5dbb0ecdbcdfe8d7df1d83055431887b](https://www.harvardmagazine.com/2022/07/feature-childrens-mental-health)

Mahin Ghafari, Tayebeh Nadi, Samira Bahadivand-Chegini, Amin Doosti-Irani. Global prevalence of unmet need for mental health care among adolescents: A systematic review and meta-analysis, Archives of Psychiatric Nursing, Volume 36, 2022, Pages 1-6, ISSN 0883-9417

<https://www.harvardmagazine.com/2022/07/feature-childrens-mental-health>

Disclaimer

THESE MATERIALS AND ALL OTHER MATERIALS PROVIDED IN CONJUNCTION WITH CONTINUING MEDICAL EDUCATION ACTIVITIES ARE INTENDED SOLELY FOR PURPOSES OF SUPPLEMENTING CONTINUING MEDICAL EDUCATION PROGRAMS FOR QUALIFIED HEALTH CARE PROFESSIONALS. ANYONE USING THE MATERIALS ASSUMES FULL RESPONSIBILITY AND ALL RISK FOR THEIR APPROPRIATE USE. TRUSTEES OF BOSTON UNIVERSITY MAKES NO WARRANTIES OR REPRESENTATIONS WHATSOEVER REGARDING THE ACCURACY, COMPLETENESS, CURRENTNESS, NONINFRINGEMENT, MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE OF THE MATERIALS. IN NO EVENT WILL TRUSTEES OF BOSTON UNIVERSITY BE LIABLE TO ANYONE FOR ANY DECISION MADE OR ACTION TAKEN IN RELIANCE ON THE MATERIALS. IN NO EVENT SHOULD THE INFORMATION IN THE MATERIALS BE USED AS A SUBSTITUTE FOR PROFESSIONAL CARE. IN NO EVENT SHOULD INFORMATION IN THE MATERIALS REGARDING LAWS, REGULATIONS, OR LEGAL LIABILITY BE CONSIDERED LEGAL ADVICE OR USED AS A SUBSTITUTE FOR CONSULTING WITH AN ATTORNEY.

© 2022 Trustees of Boston University