



# Health Equity Resources

There are volumes of excellent resources on health equity. Following are a just a few recommended website resource, readings, and videos

## Websites

DiversityDataKids.org <http://www.diversitydatakids.org/data/childopportunitymap>

Create a child opportunity map to visualize the geographic distribution of neighborhood-based opportunity for children in the 100 largest U.S. metropolitan areas.

MDPH: Racial Equity and School Health <https://www.mass.gov/service-details/racial-equity-and-school-health>

Provides a variety of educational tools, articles and assessments for educators

Racial Equity Tools <https://www.racialequitytools.org/home>

This site offers a variety of tools, research, tips, curricula, and ideas for people who want to increase their understanding.

Robert Wood Johnson Foundation – Race, Racism & Health Resources. Available at:

<https://www.rwjf.org/en/library/collections/racism-and-health.html>

## Data Sources

US Census

<https://www.census.gov/censusexplorer/censusexplorer-popest.html>

County Health Rankings

<https://www.cdc.gov/500Cities/>

## Readings

Association of Public Health Nurses (2015) Position Paper: The Public Health Nurse's Role in Achieving Health Equity: Eliminating Inequalities in Health Available at

[http://phnurse.org/resources/Pictures/2015\\_APHN-The-Public-Health-Nurse-s-Role-in-Achieving-Health-Equity.pdf](http://phnurse.org/resources/Pictures/2015_APHN-The-Public-Health-Nurse-s-Role-in-Achieving-Health-Equity.pdf)

Position paper that includes a variety of resources and tools on health equity

Bichell, Rae Ellen (2017) Scientists Start to Tease Out the Subtler Ways Racism Hurts Health. Health News from NPR. Available at: [https://www.npr.org/sections/health-](https://www.npr.org/sections/health-shots/2017/11/11/562623815/scientists-start-to-tease-out-the-subtler-ways-racism-hurts-health)

[shots/2017/11/11/562623815/scientists-start-to-tease-out-the-subtler-ways-racism-hurts-health](https://www.npr.org/sections/health-shots/2017/11/11/562623815/scientists-start-to-tease-out-the-subtler-ways-racism-hurts-health)

Camara Phyllis Jones. (2002). Confronting Institutionalized Racism. *Phylon* (1960-), 50(1/2), 7-22.

doi:10.2307/4149999 Available at

[https://www.jstor.org/stable/4149999?seq=5#metadata\\_info\\_tab\\_contents](https://www.jstor.org/stable/4149999?seq=5#metadata_info_tab_contents)



Camara Phyllis Jones (2000). Levels of racism: a theoretic framework and a gardener's tale. *American Journal of Public Health*. 90(8), 1212. Available at:  
<https://ajph.aphapublications.org/doi/pdf/10.2105/AJPH.90.8.1212>

Dhruv, Khullar (2017) How Prejudice Can Harm Your Health. *New York Times* OpEd Available at  
[https://www.nytimes.com/2017/06/08/upshot/how-prejudice-can-harm-your-health.html?em\\_pos=small&emc=edit\\_up\\_20170609&nl=upshot&nl\\_art=3&nlid=72777519&ref=headline&te=1&r=0](https://www.nytimes.com/2017/06/08/upshot/how-prejudice-can-harm-your-health.html?em_pos=small&emc=edit_up_20170609&nl=upshot&nl_art=3&nlid=72777519&ref=headline&te=1&r=0)

Hall, J.M. & Fields, B. (2013) Continuing the conversation in nursing on race and racism. *Nursing Outlook* 61(3):164-73. doi: 10.1016/j.outlook.2012.11.006. Available at:  
<https://www.sciencedirect.com/science/article/pii/S0029655412003053?via%3Dihub>

Hardeman, R.R., Medina, E.M., Kozhimannil, K.B. (October 12, 2016). Structural Racism and Supporting Black Lives - The Role of Health Professionals. *New England Journal of Medicine* DOI: 10.1056. Available at <http://www.nejm.org/doi/full/10.1056/NEJMp1609535>

McIntosh, Peggy. (1988) White Privilege: Unpacking the Invisible Knapsack. Available at  
<https://www.racialequitytools.org/resourcefiles/mcintosh.pdf>

## Videos

Jones, Camara. (2014). *Allegories on Race and Racism*. TEDxEmory Available at  
<https://www.youtube.com/watch?v=GNhcY6fTyBM>

Smooth, Jay. (2011). *How I Learned to Stop Worrying and Love Discussing Race*. TEDx available at:  
<https://www.youtube.com/watch?v=MbdxeFcQtaU>

Wise, Tim (2011). *White Like Me: Reflections on Race from a Privileged Son*. Soft Skull Press. Documentary available at: <https://www.youtube.com/watch?v=-gXXKn91hKs&t=1s>