

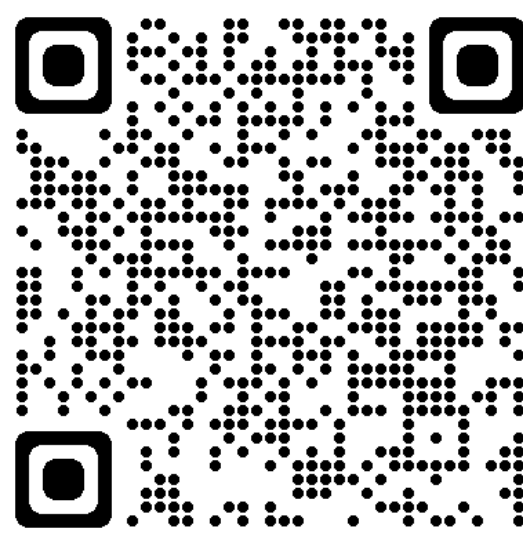
Alcohol & Pregnancy: The More You Know

An Educational Podcast

Drinking any type of alcohol during pregnancy can cause serious problems for your baby, including birth defects, poor growth, learning disabilities, behavioral issues, and more.



To learn more: tune into this podcast



What if I'm already pregnant and I drank alcohol?



It's never too late to stop drinking to protect your growing baby!

I drank during my first pregnancy and my child is fine...



Drinking alcohol is a risk that can affect some pregnancies more than others so no alcohol use is the safest choice.

What if I don't plan on becoming pregnant?



This is still good information to pass on to others or in case you become pregnant in the future.

Visit
<https://cme.bu.edu/alcohol-and-pregnancy-more-you-know>