Medical Care and Comprehensive Support for Gender Expansive Youth
Clinical Update 2022 Resources

Articles
• The Impact of Positive School Climate on Suicidality and Mental Health Among LGBTQ Adolescents: A Systematic Review by April J. Ancheta, Jean-Marie Bruzzese, & Tonda L. Hughes
  o See also: How School Nurses, Positive School Climate Can Support LGBTQ Adolescents (Interview re: above article)
• Implementing school nursing strategies to reduce LGBTQ adolescent suicide: a randomized cluster trial study protocol by Cathleen E. Willging, Amy E. Green, & Mary M. Ramos
• Transgender Students: Advocacy, Care, and Support Opportunities for School Nurses by Dane Menkin & Dalmacio Dennis Flores
• "Bridging the Gap": School Nurse Experiences Providing Care for Transgender and Gender Diverse Students and Their Parents/Guardians by Tammy Neiman, Laurie Sieve, Louise Stenberg, Nicole Molesky, & G Nic Rider
• Psychosocial Functioning in Transgender Youth after 2 Years of Hormones by Diane Chen, Ph.D., Johnny Berona, Ph.D., Yee-Ming Chan, M.D., Ph.D., Diane Ehreshaft, Ph.D., Robert Garofalo, M.D., M.P.H., Marco A. Hidalgo, Ph.D., Stephen M. Rosenthal, M.D., Amy C. Tishelman, Ph.D., and Johanna Olson-Kennedy, M.D.

Books
• Female Husbands by Jen Manion
• Histories of the Transgender Child by Jules Gill-Peterson

Statements and Guidelines
• Statement: Guidance for Massachusetts Public Schools Creating a Safe and Supportive School Environment: Gender Identity from the Massachusetts Department of Elementary and Secondary Education (DESE)
• Fact Sheet: Sexual Orientation and Gender Identity Among Massachusetts High School Students
• ANA Position Statement: Nursing Advocacy for LGBTQ+ Populations by Liz Stokes
• NASN Position Statement: LGBTQ Students
• Guidelines: Expert Consensus Guidelines for Parents and Caregivers: Navigating Early Childhood Gender Identity and Expression
• Flyer: Gender-Affirming Care and Young People | HHS Office of Population Affairs

Webpages and Websites
Specific to Massachusetts and New England
• Gender Multispecialty Service (GeMS) | Boston Children’s Hospital
  o A program of Boston Children’s Hospital dedicated to providing health care for any youth who has questions about their gender identity and/or sex development.
Contact GeMS: (617) 355-GeMS (4367)

- **Center for Transgender Medicine and Surgery | Boston Medical Center (BMC)**
  - This center offers a unified approach giving patients a single point of contact for their sexual and transgender health care needs.

- **CATCH - Child and Adolescent Transgender Center for Health | Boston Medical Center (BMC)**
  - CATCH is committed to providing support and care to children, adolescents, and young adults across the gender spectrum.

- **The Stonewall Center | UMass Amherst**
  - A Lesbian, Gay, Bisexual, Trans, Queer, Intersex, and Asexual (LGBTQIA+) Resource Center

- **Fenway Health**
  - Provides comprehensive medical, behavioral, dental and eye health care in 3 different Boston neighborhoods: West Fens, South Boston, and Chinatown. Services include 24/7 consultations with on-call health care providers.
  - See also: Trans Health Program and Gender-Affirming Care | Fenway Health

- **Gender Affirming Hormone Therapy | Planned Parenthood League of Massachusetts (PPLM)**

- **Massachusetts Commission on LGBTQ Youth | Mass.gov**
  - Produces the Safe Schools Program with the Massachusetts Department of Elementary and Secondary Education (DESE), which:
    - Provides training and technical assistance to schools across the state.
    - Organizes the statewide network of Gender and Sexuality Alliances (GSAs).
    - Works to make schools safer for all students.
  - See also: Safe Schools Program for LGBTQ Students | Mass.gov

- **LGBTQ+ Affirming Therapists in Massachusetts | Psychology Today**
  - Put your zip code in to find a therapist in your area that specializes in LGBTQIA+ health.

- **New England Transgender Healthcare Consortium**
  - This consortium consists of providers from over one dozen healthcare facilities in New England who are dedicated to improving access to gender-affirming care.

- **Transhealth Northampton**
  - This organization offers gender-affirming care to individuals and families throughout Western Massachusetts and across the Commonwealth and the greater New England Region.

**National and Global Resources**

- **The Trevor Project**
  - The Trevor Project is a national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQIA+) young people ages 13-24.
  - Hotline available 24hours/7days a week: (866) 488-7386
  - See also: Gender Identity Resources | The Trevor Project

- **Family Acceptance Project® | San Francisco State University**
  - Program that provides research, intervention, education and policy initiatives that works to decrease major health and related risks for (LGBT) youth.

- **About GLAD | GLBTQ Legal Advocates & Defenders (GLAD)**
  - GLAD works to advance LGBTQ+ equity and equality through strategic litigation, public policy advocacy, and education.

- **Lambda Legal**
• A national organization that focuses on lesbian, gay, bisexual, and transgender (LGBT) community’s litigation, education, and public policy work.

• Movement Advancement Project (MAP)
  • Provides research, insight, and communications that help speed equality and opportunity for LGBTQ individuals.

• National Center for Transgender Equality
  • Resources on laws and policies affecting transgender people, including legal name and gender marker changes and educational materials.

• LGBTQI+ Youth | stopbullying.gov
  • National website that provides information from government agencies on what various kinds of bullying is, who is at risk, and how you can prevent and respond to bullying.

• Lesbian, Gay, Bisexual, and Transgender Health | CDC
  • Provides information and resources on LGBTQIA+ health and services.
  • See also: LGBT Youth Resources | CDC

• Beyond Gender Project
  • Resources that help explain the complicated idea of gender, information about advocacy and current issues.

• Gender Spectrum
  • Resources to empower your relationships, work, and interactions with youth and children, including how-to guides, sample training materials, and tools necessary to create gender inclusive environments.

• GLMA: Health Professionals Advancing LGBTQ Equality
  • National Gay and Lesbian Medical Association ensures equality in healthcare for lesbian, gay, bisexual and transgender (LGBT) individuals and healthcare providers.

• GLSEN
  • The leading national education organization focused on ensuring safe and affirming schools for lesbian, gay, bisexual, transgender, queer or questioning students.

• GSA Network
  • Connects LGBTQIA+ youth for ethnic and gender justice through GSA clubs.

• Human Rights Campaign
  • Largest national largest civil rights organization working to achieve equality for LGBTQIA+ individuals and groups.

• Welcoming Schools
  • Provides resources for schools, families, and individuals (e.g., curriculum and reading books for all age levels). Welcoming Schools is a division of the Human Rights Campaign.

• Mama Bears
  • Supporting, Educating, Empowering Parents of LGBTQ Kids & the LGBTQ Community

• National LGBTQIA+ Health Education Center
  • Provides webinars, video training, learning modules, continuing education, and other resources.

• PFLAG
  • National organization that assists families including siblings in finding local chapters for support, resources, information, and tools.
  • See also: PFLAG National Glossary of Terms | PFLAG

• Racial Equity Tools Glossary | Racial Equity Tools (RET)

• It Gets Better Project
Global resource for LGBT troubled youth including those impacted by community, family, housing, legal, medical, mental health, online, social, and youth crises.