

# Medical Care and Comprehensive Support for Gender Expansive Youth

## Clinical Update 2022 Resources

### Articles

- [The Impact of Positive School Climate on Suicidality and Mental Health Among LGBTQ Adolescents: A Systematic Review](#) by April J. Ancheta, Jean-Marie Bruzzese, & Tonda L. Hughes
  - **See also:** [How School Nurses, Positive School Climate Can Support LGBTQ Adolescents](#)  
(Interview re: above article)
- [Implementing school nursing strategies to reduce LGBTQ adolescent suicide: a randomized cluster trial study protocol](#) by Cathleen E. Willging, Amy E. Green, & Mary M. Ramos
- [Transgender Students: Advocacy, Care, and Support Opportunities for School Nurses](#) by Dane Menkin & Dalmacio Dennis Flores
- ["Bridging the Gap": School Nurse Experiences Providing Care for Transgender and Gender Diverse Students and Their Parents/Guardians](#) by Tammy Neiman, Laurie Sieve, Louise Stenberg, Nicole Molesky, & G Nic Rider
- [Transgender Identity and Experiences of Violence Victimization, Substance Use, Suicide Risk, and Sexual Risk Behaviors Among High School Students — 19 States and Large Urban School Districts, 2017](#) by Michelle M. Johns, Richard Lowry, Jack Andrzejewski, Lisa C. Barrios, Zewditu Demissie, Timothy McManus, Catherine N. Rasberry, Leah Robin, & J. Michael Underwood
- [Psychosocial Functioning in Transgender Youth after 2 Years of Hormones](#) by Diane Chen, Ph.D., Johnny Berona, Ph.D., Yee-Ming Chan, M.D., Ph.D., Diane Ehrensaft, Ph.D., Robert Garofalo, M.D., M.P.H., Marco A. Hidalgo, Ph.D., Stephen M. Rosenthal, M.D., Amy C. Tishelman, Ph.D., and Johanna Olson-Kennedy, M.D.

### Books

- [Female Husbands](#) by Jen Manion
- [Histories of the Transgender Child](#) by Jules Gill-Peterson

### Statements and Guidelines

- **Statement:** [Guidance for Massachusetts Public Schools Creating a Safe and Supportive School Environment: Gender Identity](#) from the Massachusetts Department of Elementary and Secondary Education (DESE)
- **Fact Sheet:** [Sexual Orientation and Gender Identity Among Massachusetts High School Students](#)
- **ANA Position Statement:** [Nursing Advocacy for LGBTQ+ Populations](#) by Liz Stokes
- **NASN Position Statement:** [LGBTQ Students](#)
- **Guidelines:** [Expert Consensus Guidelines for Parents and Caregivers: Navigating Early Childhood Gender Identity and Expression](#)
- **Flyer:** [Gender-Affirming Care and Young People | HHS Office of Population Affairs](#)

### Webpages and Websites

#### Specific to Massachusetts and New England

- [Gender Multispecialty Service \(GeMS\) | Boston Children's Hospital](#)
  - A program of Boston Children's Hospital dedicated to providing health care for any youth who has questions about their gender identity and/or sex development.

Contact GeMS: (617) 355-GeMS (4367)

- [Center for Transgender Medicine and Surgery | Boston Medical Center \(BMC\)](#)
  - This center offers a unified approach giving patients a single point of contact for their sexual and transgender health care needs.
- [CATCH - Child and Adolescent Transgender Center for Health | Boston Medical Center \(BMC\)](#)
  - CATCH is committed to providing support and care to children, adolescents, and young adults across the gender spectrum.
- [The Stonewall Center | UMass Amherst](#)
  - A Lesbian, Gay, Bisexual, Trans, Queer, Intersex, and Asexual (LGBTQIA+) Resource Center
- [Fenway Health](#)
  - Provides comprehensive medical, behavioral, dental and eye health care in 3 different Boston neighborhoods: West Fens, South Boston, and Chinatown. Services include 24/7 consultations with on-call health care providers.
  - **See also:** [Trans Health Program and Gender-Affirming Care | Fenway Health](#)
- [Gender Affirming Hormone Therapy | Planned Parenthood League of Massachusetts \(PPLM\)](#)
- [Massachusetts Commission on LGBTQ Youth | Mass.gov](#)
  - Produces the Safe Schools Program with the Massachusetts Department of Elementary and Secondary Education (DESE), which:
    - Provides training and technical assistance to schools across the state.
    - Organizes the statewide network of Gender and Sexuality Alliances (GSAs).
    - Works to make schools safer for all students.
  - **See also:** [Safe Schools Program for LGBTQ Students | Mass.gov](#)
- [LGBTQ+ Affirming Therapists in Massachusetts | Psychology Today](#)
  - Put your zip code in to find a therapist in your area that specializes in LGBTQIA+ health.
- [New England Transgender Healthcare Consortium](#)
  - This consortium consists of providers from over one dozen healthcare facilities in New England who are dedicated to improving access to gender-affirming care.
- [Transhealth Northampton](#)
  - This organization offers gender-affirming care to individuals and families throughout Western Massachusetts and across the Commonwealth and the greater New England Region.

#### National and Global Resources

- [The Trevor Project](#)
  - The Trevor Project is a national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQIA+) young people ages 13-24.  
Hotline available 24hours/7days a week: (866) 488-7386
  - **See also:** [Gender Identity Resources | The Trevor Project](#)
- [Family Acceptance Project® | San Francisco State University](#)
  - Program that provides research, intervention, education and policy initiatives that works to decrease major health and related risks for (LGBT) youth.
- [About GLAD | GLBTQ Legal Advocates & Defenders \(GLAD\)](#)
  - GLAD works to advance LGBTQ+ equity and equality through strategic litigation, public policy advocacy, and education.
- [Lambda Legal](#)

- A national organization that focuses on lesbian, gay, bisexual, and transgender (LGBT) community's litigation, education, and public policy work.
- [Movement Advancement Project \(MAP\)](#)
  - Provides research, insight, and communications that help speed equality and opportunity for LGBTQ individuals.
- [National Center for Transgender Equality](#)
  - Resources on laws and policies affecting transgender people, including legal name and gender marker changes and educational materials.
- [LGBTQI+ Youth | stopbullying.gov](#)
  - National website that provides information from government agencies on what various kinds of bullying is, who is at risk, and how you can prevent and respond to bullying.
- [Lesbian, Gay, Bisexual, and Transgender Health | CDC](#)
  - Provides information and resources on LGBTQIA+ health and services.
  - **See also:** [LGBT Youth Resources | CDC](#)
- [Beyond Gender Project](#)
  - Resources that help explain the complicated idea of gender, information about advocacy and current issues.
- [Gender Spectrum](#)
  - Resources to empower your relationships, work, and interactions with youth and children, including how-to guides, sample training materials, and tools necessary to create gender inclusive environments.
- [GLMA: Health Professionals Advancing LGBTQ Equality](#)
  - National Gay and Lesbian Medical Association ensures equality in healthcare for lesbian, gay, bisexual and transgender (LGBT) individuals and healthcare providers.
- [GLSEN](#)
  - The leading national education organization focused on ensuring safe and affirming schools for lesbian, gay, bisexual, transgender, queer or questioning students.
- [GSA Network](#)
  - Connects LGBTQIA+ youth for ethnic and gender justice through GSA clubs.
- [Human Rights Campaign](#)
  - Largest national largest civil rights organization working to achieve equality for LGBTQIA+ individuals and groups.
- [Welcoming Schools](#)
  - Provides resources for schools, families, and individuals (e.g., curriculum and reading books for all age levels). Welcoming Schools is a division of the [Human Rights Campaign](#).
- [Mama Bears](#)
  - Supporting, Educating, Empowering Parents of LGBTQ Kids & the LGBTQ Community
- [National LGBTQIA+ Health Education Center](#)
  - Provides webinars, video training, learning modules, continuing education, and other resources.
- [PFLAG](#)
  - National organization that assists families including siblings in finding local chapters for support, resources, information, and tools.
  - **See also:** [PFLAG National Glossary of Terms | PFLAG](#)
- [Racial Equity Tools Glossary | Racial Equity Tools \(RET\)](#)
- [It Gets Better Project](#)



- Global resource for LGBT troubled youth including those impacted by community, family, housing, legal, medical, mental health, online, social, and youth crises.