



Chobanian & Avedisian School of Medicine

Barry M. Manuel Center for Continuing Education

and

Boston University Chobanian & Avedisian School of Medicine Department of Pediatrics

-

Division of Developmental and Behavioral Pediatrics

present

The Steven J. Parker Memorial Developmental-Behavioral Pediatric Conference: Clinical Problems in Primary Care

Thursday, March 5, 2026

About Dr. Parker



Steven Parker, MD graduated from Cornell University, University of Michigan Medical School and completed pediatric residency at Stanford University Hospital. He completed a fellowship at Children's Hospital of Boston with T. Berry Brazelton in Child Development. He started his career in private pediatric practice but after 3 years joined the faculty at Boston University School of Medicine and Boston Medical Center (the former Boston City Hospital) and he became Director of Developmental and Behavioral Pediatrics in 1994, a position he served for over 13 years. He founded and directed the Comprehensive Care Program at BMC – a national model in family centered care for children with developmental disabilities. He published extensively on many areas in DBP and also was the voice of pediatrics for WebMD. His compassion, wisdom and insight in supporting children and families across Boston and the country will not be forgotten. In addition, he cofounded this conference in 1984 with Dr. Barry Zuckerman and it is in his memory that we hold the annual Steven J. Parker Memorial Developmental Behavioral Pediatrics Conference. We hope for all participants that it is an annual opportunity to revisit the topics that are at the core of pediatric practice and to remember Steve's own advice for parents from his blog:

"Enjoy your kids! Enjoy the ride! Someday soon you'll wonder how it all went by so fast and why you didn't appreciate it more as it was happening."

Overview

This program is designed for practicing clinicians who have an interest, passion or emerging expertise in developmental and behavioral pediatrics and want to take their knowledge and skill to the next level. Many clinicians and allied medical professionals do not feel adequately trained when in practice and yet they face these challenges with patients and families every day. The course offers practical approaches to these issues and we welcome participants from a broad array of disciplines including physicians, advance practice providers, nurses, social workers, and allied medical professionals who work in Pediatrics and the broader medical community.

Target Audience

This program is designed for the entire pediatric healthcare team: primary care physicians, pediatricians, pediatric nurse practitioners, nurses, physician assistants, social workers, child mental health professionals and family nurse practitioners.

Thursday, March 5th
Trauma-Informed Care: How to Make It Happen in Your Practice.
An In-person only, skills-based workshop

Session Overview

This dynamic conference session brings together leading clinicians and advocates to explore how trauma, resilience, and anti-racism intersect in pediatric care. In today's demanding healthcare environment, providers need practical, sustainable strategies to support both their patients and themselves. Through presentation, discussion, and small-group work, participants will gain actionable tools to enhance care, apply trauma-informed and anti-racist frameworks, and strengthen clinician well-being. The session will provide a reflective space for providers to learn strategies to mitigate the impacts of difficult work and reinforce a commitment to sustainable practice change.

Learning Objectives

At the conclusion of this activity, participants will be able to:

- Demonstrate the ability to apply trauma-informed, anti-racist tools to enhance patient engagement and care delivery across clinical settings.
- Identify the impacts of evolving and complex patient care on provider well-being and incorporate healing-centered practices to foster clinician sustainability.

Thursday Agenda

11:30am	<i>Registration and Lunch</i>	
12:00pm	Welcome and Agenda	
	What Will You Leave with Today? Commitment To Practice Change	Marilyn Augustyn, MD and Jack Maypole, MD
12:05pm	Harris Lecture Keynote: Beyond the Buzzword: The Science and Practice of Trauma Informed Care	Heather C. Forkey, MD
1:00pm	Translating Anti-Racism Toolkit Implementation: Understanding the Role of Trauma-Informed Engagement in Patient Care	Neena McConnico, LMHC
1:30pm	Racism Toolkit (Small Group Breakout)	<i>Facilitators:</i> Marilyn Augustyn, MD, Sarah Hacking, LICSW, Bridget Poznanski, PhD. Arathi Reddy, DO
2:10pm	Small Group Debriefing	
2:30pm	<i>Break</i>	
2:45pm	The Family Preparedness Plan: Implementing Clinical Sanctuaries and Healing-Centered Tools	Carmen Rosa Noroña LICSW, MS.Ed, IECMH-E and Ivys Fernández-Pastrana, JD
3:30pm	Using the Family Preparedness Plan 2.0 (Small Group Breakout)	<i>Facilitators:</i> Soukaina Adolphe, MD, Carmen Rosa Noroña LICSW, MS.Ed, IECMH-E, Genevieve L. Preer, MD, Rachel McColl Vuolo, MD FAAP
4:00pm	Small Group Debriefing	
4:15pm	Vicarious Traumatization/ Supporting the Clinician	Marilyn Augustyn, MD
5:00pm	Wrap Up	
5:10pm	<i>Adjourn</i>	

Accreditation



In support of improving patient care, Boston University Chobanian & Avedisian School of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians

Boston University Chobanian & Avedisian School of Medicine designates this live activity for a maximum of 4.75 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

MOC

Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn up to 4.75 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.

By attending this activity and providing your ABP number and Date of Birth, you authorize BU CCE office to report your information to the ACCME so that we may process your MOC Part II credit on your behalf.

Physician Assistants

NCCPA accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credit[™] from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 4.75 hours of Category 1 credit for completing this program.

Nurses

Nursing Contact Hours: 5.00 of which TBD are eligible for pharmacology credit.

Social Workers

As a Jointly Accredited Organization, Boston University Chobanian & Avedisian School of Medicine is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive 4.75 clinical continuing education credits.

Other Learners

All other learners may claim a certificate of participation. Consult your professional licensing board regarding the applicability and acceptance of certificates of participation for programs certified for credit by organizations accredited by Joint Accreditation for Interprofessional Education.

Interprofessional Continuing Education



This activity was planned by and for the healthcare team, and learners will receive 4.75 Interprofessional Continuing Education (IPCE) credits for learning and change.

How to Claim Your Credit/Certificate

Certificates are issued online post meeting after completion of the evaluation.

1. Go to <https://cme.bu.edu/content/thursday-credit> after the meeting has ended.
2. Login with the username/password you used to register for the conference.
3. Click "Take Course"
4. Follow instructions/steps for completing the claiming credit.
5. If you want MOC credit, please complete the MOC Claim for Credit form available from the registration desk or email cgrimble@bu.edu for a copy. You will need to complete the reflective statement and return the form to us, and we will report your credit. You will NOT get MOC credit if you do not complete this step.
6. If you have trouble, please contact the office at 617-358-5005 or cme@bu.edu
7. Credit should be claimed within 60 days of the end of the program or May 8, 2026

Materials

Materials are available here:

<https://cme.bu.edu/content/parker-dbp-thursday-syllabus-materials>



Faculty/Planning Committee

Boston University Chobanian & Avedisian School of Medicine asks all individuals involved in the development and presentation of Accredited Continuing Education activities to disclose all financial relationships with ineligible companies. This information is disclosed to all activity participants prior to the start of the educational activity. Boston University Chobanian & Avedisian School of Medicine has procedures to mitigate all relevant financial relationships with ineligible companies. In addition, faculty members are asked to disclose when any unapproved use of pharmaceuticals and devices is being discussed.

In accordance with the Standards for Integrity and Independence in Accredited Continuing Education, all relevant financial relationships that faculty, planners, authors, and anyone who may be in control of content have with ineligible companies have been mitigated.

Faculty and Planners

The following faculty members have disclosed relevant financial relationships:

Heather Forkey, MD, receives book royalties from AAP Publications and has received speaker honorarium from Aristo Pharmaceuticals.

Rachel Vuolo, MD, FAAP, holds stock in Boston Scientific and Takeda

All other speakers listed below have no relevant financial relationships to disclose. Speakers do not plan on discussing unlabeled/investigational uses of a commercial product. Planning committee members have no financial relationships to disclose.

Keynote Speaker

Heather C. Forkey, MD

Director, Foster Children Evaluation Service (FaCES)

UMass Memorial Children's Medical Center

Professor and Vice Chair of Pediatrics, UMass Chan Medical School

Co-Medical Director, American Academy of Pediatrics National Center for Relational Health and Trauma-Informed Care

Speakers

Soukaina Adolphe, MD

Clinical Associate Professor
Medical Director
Ambulatory Primary Pediatric Clinic at Boston Medical Center

Marilyn Augustyn, MD

Course Co-Director
Professor of Pediatrics
Director, Division of Behavioral and Developmental Pediatrics
Co-Editor, "Behavioral and Developmental Pediatrics: A Handbook for Primary Care"

Ivys Fernández-Pastrana, JD

Program Manager
Center of Excellence in Immigrant Infant and Early Childhood Mental Health
Co-Founder EASE Clinic

Sarah Hacking, LICSW

Mental Health Clinician
Child Witness to Violence Project

Jack Maypole, MD

Course Co-Director
Clinical Associate Professor in Pediatrics
Vice Chair of Population Health and Practice Transformation
Director, Comprehensive Care Program (CCP) Medical
Director, Special Kids Special Care Program

Neena McConnico, LMHC

Assistant Professor

Carmen Rosa Noroña LICSW, MS.Ed, IECMH-E

Assistant Professor of Pediatrics.
Child Trauma Clinical Services & Training Lead.
ETTN Boston Site Associate Director

Bridget Poznanski, PhD

Assistant Professor
Licensed Clinical Psychologist
Developmental & Behavioral Pediatrics

Genevieve L. Preer, MD

Clinical Associate Professor of Pediatrics

Arathi Reddy, DO

Assistant Professor

Rachel McColl Vuolo, MD, FAAP

Internal Medicine-Pediatrics
Fellow, Developmental and Behavioral Pediatrics
Affiliate Assistant Professor of Pediatrics and Internal Medicine
UMass Chan School of Medicine
Medical Director, Saint Peter's Free Medical Program, Worcester, MA

Planning Committee

Boston University Chobanian & Avedisian School of Medicine/Boston Medical Center

Rachel Amgott, MSN, RN, CPNP-PC

CNE Course Advisor
Pediatric Nurse Practitioner
Assistant Professor of Pediatrics
Department of Pediatrics | Division of Developmental and Behavioral Pediatrics

Marilyn Augustyn, MD

Course Co-Director
Professor of Pediatrics
Director, Division of Behavioral and Developmental Pediatrics
Co-Editor, "Behavioral and Developmental Pediatrics: A Handbook for Primary Care"

Audrey Christiansen, MD

Assistant Professor of Pediatrics
Training Director, Division of Developmental Pediatrics

Melinda Futran, MD

Assistant Professor of Pediatrics
Primary Care Pediatrician
Comprehensive Care Program Pediatrician

Jack Maypole, MD

Course Co-Director
Clinical Associate Professor in Pediatrics
Vice Chair of Population Health and Practice Transformation
Director, Comprehensive Care Program (CCP) Medical
Director, Special Kids Special Care Program

Maureen A. Patterson-Fede, LICSW
Division of Behavioral and Developmental Pediatrics

CCE Program Managers: Claire P. Grimble, CMP &
Ilana Hardesty, MA

Questions?

Boston University Chobanian & Avedisian School of Medicine Barry M. Manuel Center for Continuing Education

Email: cme@bu.edu

Phone: 617-358-5005

Address: 72 E. Concord Street, B208, Boston, MA 02118

Web: <https://cme.bu.edu/>

References

References will be found in the handouts.

Disclaimer

THESE MATERIALS AND ALL OTHER MATERIALS PROVIDED IN CONJUNCTION WITH CONTINUING MEDICAL EDUCATION ACTIVITIES ARE INTENDED SOLELY FOR PURPOSES OF SUPPLEMENTING CONTINUING MEDICAL EDUCATION PROGRAMS FOR QUALIFIED HEALTH CARE PROFESSIONALS. ANYONE USING THE MATERIALS ASSUMES FULL RESPONSIBILITY AND ALL RISK FOR THEIR APPROPRIATE USE. TRUSTEES OF BOSTON UNIVERSITY MAKES NO WARRANTIES OR REPRESENTATIONS WHATSOEVER REGARDING THE ACCURACY, COMPLETENESS, CURRENTNESS, NONINFRINGEMENT, MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE OF THE MATERIALS. IN NO EVENT WILL TRUSTEES OF BOSTON UNIVERSITY BE LIABLE TO ANYONE FOR ANY DECISION MADE OR ACTION TAKEN IN RELIANCE ON THE MATERIALS. IN NO EVENT SHOULD THE INFORMATION IN THE MATERIALS BE USED AS A SUBSTITUTE FOR PROFESSIONAL CARE OR REPLACE YOUR HOME COUNTRY'S LAWS, REGULATIONS, AND GUIDELINES CONCERNING MEDICAL CARE AND DRUG PRESCRIPTION ACTIVITIES.

© 2026 Trustees of Boston University