

Syllabus for: Procedures, Pain, and Partnership: *Collaborative Care for Patients with Diverse Abilities and Needs*

Presenters:

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Objectives:

By the end of this session, participants will be able to identify evidence-based best practices for supporting patients with diverse abilities during medical procedures and apply interdisciplinary strategies from behavior analysis and child life practices to reduce pain, distress, and procedural avoidance.

Content Description

This session will present a brief review of evidence-based research and best-practice guidelines related to pain management, procedural preparation, and distress reduction for patients with diverse developmental, sensory, and communication needs. Drawing from behavior analytic and child life literature, the presenters will highlight empirically supported strategies such as anticipatory guidance, coping skill development, reinforcement, choice-making, and environmental modifications. The presentation will conclude with a review of BMC-specific resources, tools, and referral pathways available to support collaborative, patient-centered care across medical settings.

Methods: Participants will engage in active learning through live polling and interdisciplinary case discussions to translate research findings into clinical practice. Drawing from behavior analytic and child life literature, the presenters will highlight empirically supported strategies such as anticipatory guidance, coping skill development, reinforcement, choice-making, and environmental modifications. The presentation will conclude with a review of BMC-specific resources, tools, and referral pathways available to support collaborative, patient-centered care across medical settings.

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